District 5 – Meeting Minutes September 8, 2026

Opened with: Serenity Prayer
Chair: Jim
Secretary: Alicia

1. Opening & Welcome
Jim opened the meeting with a moment of silence followed by the Serenity Prayer.
Sean read "What is the GSR?" from the AA Service Manual, emphasizing the role of the General Service Representative as the link between the group and AA as a whole, and the importance of active participation at the district and area levels.

New GSRs welcomed:
• Joy – Sunrise Group (Palmer)
• Erlene – Alternate GSR, Sunrise Group

Jim reviewed building guidelines and reminded attendees that all trash brought into the meeting space must be taken out at the end of the meeting.

2. Area Report (Alicia)
Alicia summarized highlights from the recent Area meeting.

Redistricting Committee
• Proposal continues to be discussed to move from six districts to nine districts.
• District 5 currently contains approximately 79 groups.
• Committee members believe smaller districts may encourage participation and improve oversight.
• Concerns were expressed that splitting active districts could create new districts with little or no participation.
• Any changes remain years away from implementation.

Grapevine Committee
• Area is encouraging additional subscriptions.
• The Grapevine app remains the preferred subscription method due to reduced administrative costs.

Treasury
• Area finances have stabilized following a period of front-loaded expenses.

3. GSR Reports

Wilbraham Friday Night Group (Wilbraham) – Dory
• Meets at 10 Chapel Street.
• Beginner's meeting from 6:30–7:15 PM.
• Speaker meeting from 7:30–8:30 PM.
• Maintains a prudent reserve and contributes regularly to the Pie Chart.
• All service positions filled except Grapevine Representative.
• Attendance remains strong with approximately sixty members at each meeting.

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Lost and Found (Chicopee) – Alicia
• Thursday beginner discussion meeting at 6:30 PM.
• No Alternate GSR currently serving.
• No Grapevine Representative currently serving.

Tuesday Night 12 & 12 (South Hadley) – Carl
• Meets Tuesdays from 6:00–7:00 PM at All Saints Church.
• Regular pie chart contributions made when funds exceed prudent reserve.
• Monthly chips and anniversary recognitions distributed.

Tuesday Night Step & Speaker Discussion (Hampden) – Lynn
• Attendance remains strong at the Step Meeting.
• Speaker Discussion Meeting continues to experience declining attendance.
• Current prudent reserve approximately $750.

Sunrise Group (Palmer/Three Rivers) – Joy and Erlene
• Meets seven days per week from 7:00–8:00 AM.
• Daily attendance averages over twenty members and can exceed forty on weekends.
• Recently completed elections with all service positions filled.

Cold Spring Group – Jen
• Recently voted to reimburse cake bakers $5 for anniversary cakes.
• Group regularly practices group conscience meetings.

Sunday Night Women's Meeting (South Hadley) – Jen
• Attendance remains strong.
• Contributes to the Pie Chart regularly.

4. Old Business
No old business was reported.

5. New Business
Co-DCM Position discussion held. Members were asked to consider serving.

6. Alternate Delegate Report – Bob
• Massachusetts State Convention scheduled for November 6–8.
• Everything AA App version 5.0 has been released.
• Plain Language Big Book audiobook is now available.
• Fifth Edition Big Book anticipated in February 2027.

7. Accessibilities Committee Report – Mark
Mark reported low participation and encouraged groups to support accessibility commitments and long-term care facilities.

8. Service Manual Reading
Carl presented Chapter 3: The District and the DCM.

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9. Announcements
• Fall Assembly: October 3–4 in Stockbridge.
• Jen volunteered to read Concept Five next month.

10. Closing
Meeting closed with the Responsibility Statement.

Next Meeting: October 5, 2026 at 7:00 PM.