

District 5 Meeting August 4, 2025 Minutes

Opening

The regular meeting of District 5 was called to order at 7:00 pm by Chris K., our DCM.

Chris, DCM, read "What is a GSR" from the AA service manual.

Justine read the Secretary report.

Groups Present

Dave - East Longmeadow Sunday Night
Jim– Belchertown Saturday Night
Sean– Cold Springs Group
Taylar/ Lily– Do or Die
Sarah-South Hadley Sunday Night Women's Group
Matt-Eye Opener Step Group
Justine-South Hadley Friday Night Meeting
Dory-Friday Wilbraham Group
Jim R- Green Street Group (Beginners)
Jason- Hitchcock Academy Group
John-Here and Now Group
Wayne- Sunrise Group
Linda- Tuesday Night Step Group

Group Shares-

David, GSR Dave, Alt GSR – East Longmeadow Sunday Night Group

- Day/Time of Meeting: 6:30pm-7:30pm
- Address: 1 Porter Road East Longmeadow, MA
- Financial Contributions: We do contribute but not sure of amounts
- Service Positions Filled: GSR, Intergroup, Institutions
- Commitments- None
- Institutions: N/A
- Group Share Discussion: Tabled discussion to take an institutions commitment

Taylor, GSR Alternate GSR Lilly – Do or Die

- Day/Time of Meeting: Wednesday 7:00pm
- Address: 181 Elm Street, East Longmeadow
- Financial Contributions: None last month
- Service Positions Filled: Treasurer, GSR, Institutions, Intergroup, CPC, Supplies, Coffee, Shepard, Bookie
- Commitments- Incoming/Outgoing: Easthampton Monday Night (Incoming) 8/ 13 (Outgoing) 8/11

- Institutions: Carlson 3rd Thursday monthly (3/20/2025)
- Group Share Discussion: Monday Night discussion group in Westfield asked us to come put on a commitment on 8/25 and a few of our members are going to speak.

Jim- GSR – Belchertown Saturday Night

- Sat 7:00 pm Beg 8:00 pm Speaker
- Address: 18 Park St Belchertown
- Financial Contributions: not this month
- Service Positions Filled: GSR, Intergroup, Institutions, PI
- Commitments : Easthampton Group (Outgoing) 7/14 (Incoming) 7/19
- Institutions: No
- Group Share Discussion: Need more group members.

Sean, GSR - Cold Springs Thursday 7:30 pm-8:30 pm

- Address: 18 Park St, Belchertown
- Financial Contributions: \$100.00 to the pie chart.
- Service Positions: All but CPC, accessibilities, and PI
- Commitments Incoming/Outgoing: Top of the Hill Group (Incoming) 8/21 (Outgoing) 8/19
- Institutions: None
- Group Share Discussion: Meeting has around 50 people and the business meetings there are around 12 in attendance. Discussion about reading/discussion a tradition at every business meeting. The outcome was type the month's short form tradition at the agenda for the meeting.

Sarah: GSR South Hadley Sunday Night Women's Group

- Sunday 6-7PM
- Address: All Saints Church
- Financial Contributions: Quarterly contributions to the pie.
- Service Positions Filled: GSR, Treasurer
- Commitments: N/A
- Incoming/Outgoing: Institutions: N/A
- Group Share Discussion: No alternate GSR and no commitments. There are no issues.

Matt: GSR- Eye Opener Group

- Day/ Time meeting: 7:00-8:15
- Address: 485 East Street, Ludlow, Ma
- Location: Faith Community Chapel
- Financial Contribution: Pied out
- Service positions: GSR, Bookie, Institutions, Intergroup, Archives
- Commitments: Amherst Monday Night (Incoming) 8/22 (Outgoing) 8/18
- Group Shared Discussion: NA

Justine, GSR- South Hadley Beginners Meeting

- Day/Time of meeting: Friday 6:00
- Location: 11 North Street, South Hadley
- Financial Contributions: None
- Service positions filled: GSR, Grapevine, Intergroup, P.I, Intergroup
- Commitments: Haydenville Sunday Night Group (Incoming) 8/22 (Outgoing) 8/24
- Group Share Discussion: We are struggling to make rent. We also are having trouble having our members not being active in the committees they sign up to be a part of.

Dori, GSR Alternate GSR Joanne- Friday Night Wilbraham Group (Did not submit Group Share)

- Day/Time of meeting: 6:30 beginners, and 7:30-8:30PM
- Location: Grace United Church, 10 Chapel Street, Wilbraham
- Financial Contributions: \$300.00 to the pie
- Service Positions Filled: All
- Commitments: Rose DeLima Church Chicopee (Incoming) 8/12 (Outgoing)
- Institutions: NA
- Group Share Discussion: All is well! Attendance is great. Anniversaries are celebrated on the 3rd Friday of the month

Jim- Green Street Group

- Date and time of meeting- Thursdays 6:15-7:30
- Location of meeting- Columbia Hall Green Street Monson
- Financial donations- Give to the pie when able
- Outgoing/Incoming Commitments: We do them
- Service positions filled- GSR, Chair, Secretary, Treasurer. Intergroup
- Institutions- N/A
- Group share discussion- NA

John GSR- Here and Now Group

- Date and time of meeting- 7:30 Wednesday Night
- Location of meeting- Saint Marks 1 Porter Road East Longmeadow
- Financial donations- Give to the pie when able
- Outgoing/Incoming Commitments- We exchange commitments
- Service positions filled- GSR, Accessibilities, Intergroup, Institutions
- Institutions- 1st Thursday Section 35 Ludlow
- Group share discussion- No problems at this time

Jason GSR- Hitchcock Academy Group

- Date and time of meeting- Friday 7:30
- Location of meeting- 2 Brookfield road Brimfield, MA
- Financial donations: We donate to the pie
- Outgoing/Incoming Commitments- Joy of Living (Incoming) 8/8 (Outgoing) 8/14
- Service positions filled- GSR, Intergroup, CPC, Archives

- Institutions- N/A
- Group share discussion-Group anniversary is on August 22, 2025 and we are celebrating 41 years. 6:30 there will be food and fellowship and two speakers at 7:30. We discussed out group conscience at the last business meeting

Linda GSR and ALT GSR is Stephanie

- Day/ Time meeting: 7:00-8:15
- Address: Hampden, MA
- Location: Did not provide
- Financial Contribution: Very good.
- Service positions: GSR there are a few open ones.
- Commitments: yes
- Group Shared Discussion: NA

Wayne GSR & ALT GSR Chris- Sunrise Group

- Date and time of meeting- Daily 7am-8am
- Location of meeting- Palmer Historical and Cultural Center
- Financial donations: We donate 4 times a year automatically and bring books to prisons.
- Outgoing/Incoming Commitments- NA
- Service positions filled- No P.I, CPC, or Young People's
- Institutions- Ludlow Jail on Tuesday and Mill Street on Monday
- Group share discussion- 25th group anniversary on August 13th at Pulaski park at 6pm.
- **Old Business-**
 - MSCYPAA is having a convention at the Marriot in Springfield on August 15th-17th
 - MA State Convention planning committee meets every last Tuesday of the odd month. November 14th -16th is the MA state convention, where there will be game rooms, a comedian, ice cream social, banquet dinner, speaker from GSO
 - December 6-7 is NERF which is considered a GSO roadshow and will be free in Providence, RI. You can register in October and it is a free event.
 - Intergroup needs a treasurer and Accessibilities needs a secretary.
 - Chose actors for the 12 Traditions Play and the play with be on 7/26 doors open to the public at 10:30, food and fellowship after the play. Play will be at 11 North Main street South Hadley, MA. GSR's should arrive early, we will be opening the church up at 8:00 am.
 - Chris reported that the area budget didn't pass
 - Accessibilities is going well and they got a new secretary
 - CPC all positions filled

- 150-200 people attended the Round-up. The Round-up lost money this year. Next year's theme will be "Humility in Action."
- Fall Assembly is October 18th and 19th and it is an election year
- P.I made business cards and postcards
- Class A Trustee has an opening
- There are 303 groups in the area.

New Business-

- Hitchcock Academy anniversary on 8/22 food ad fellowship starts at 6:30 and two speakers at 7:30.
- Monson anniversary 6:00pm there will be food and 7pm speaker meeting
- Traditions play went well and we made \$74.00 with donations and the overall cost was \$458.59. We voted to give \$20.00 to the church where the play was held.
- Sally our registrar reported that there are 304 groups in the area and is trying to get the start dates for all the groups.
- Intergroup still needs help with the picnic on August 17th set-up around 8am
- Fall Assembly on October 18th and 18th at United Congregational Church 300 Appleton St. Holyoke. 9-3 on Saturday and 1-5 on Sunday
- Website is still looking for pictures
- Ray our Alternate Delegate will be out Visitor next month

Visitors-

J.D Institutions Chair

- There are 37 open institutions commitments
- The program "Bridging the Gap", where people pick up others that are in institutions and bring them to outside AA meetings needs support. There is also a business card with a QR code that connects you with the Bridging the Gap program.
- Needs financial support, even if every group donated \$5 a month it would make a difference and be very helpful to the committee.
- If you want to get an institutions commitment you have to attend the Institutions Committee meeting and then there will be a voting in process. If an individual wants to get a commitment you will need at least a co-chair to get the commitment.
- 212 books were given to prisons and 19 groups donated to the pie with a total of \$1700.00 in donations.

Bob- Area Chair

- The area is not doing well financially.
- Mind the workshop budget as money is tight for the area.

- Nobody is showing up to committee meetings and they all need support.
- The area committees can come to your group and put on a meeting explaining what they do. Or your group can get a group inventory done where a past Delegate goes through a checklist to see if your group is carrying the message.
- Fall Assembly on October 18th and 18th at United Congregational Church 300 Appleton St. Holyoke. 9-3 on Saturday and 1-5 on Sunday. 2pm the committee chairs will present and District 2 is having a plain language Big Book workshop. All are welcome and it is an election year.
- The Meeting Guide app has a new section that tells you about what's happening at GSO in New York City and also has job postings to work at GSO.
- MYSCYPA August 15th-17th at the Marriot in Springfield, MA
- The 66th Annual Area 11 AA Convention will be held in [Rocky Hill, Connecticut](#), on September 27-28, 2025. The event will take place at the [Sheraton Hotel](#), located at [100 Capital Boulevard](#). Room reservations at the discounted rate of \$129/night are available at the hotel. The convention theme is "[Hope - Healing & Higher Power](#)"

Last month's readings-

- Jim- Tradition 8
- Sean- Chapter 5 from the Service Manual

This month's readings-

- Justine- Tradition 9
- Taylor- Chapter 5 out of the Service Manual

Next month's meeting will be September 1st 2025 @ 7:00 pm in person at 30 Carew St., South Hadley, and on Zoom. Login info at area31aa.org.

Closed with the Responsibility Pledge.

Meeting adjourned. 8:08