

District 5 Meeting

April 7, 2025 Minutes

Opening

The regular meeting of District 5 was called to order at 7:00 pm by Chris K., our DCM read, What is a GSR.

Groups Present

Steve– Thursday Night Men’s Group

Linda B– Hampden Tuesday Step Meeting

Dave - East Longmeadow Sunday Night

Jim– Belchertown Saturday Night

Sean– Cold Spring Group

Taylor/ Lily– Do or Die

Sarah-South Hadley Sunday Night Women's Group

Matt-Eye Opener Step Group

Dori-Friday Wilbraham Group

Tom S. Here and Now

Chris.-Wilbraham Monday Night Step Group

Chris B.- A Way Out Group

Linda O.- Sunrise Group

Pam- Clear Cut Directions- Women's Big Book Step Study

Jim R.- Green Street Group

Visitors

Ray- Alternate Delegate

Group Shares-

David, GSR – East Longmeadow Sunday Night Group

- Dave, Alt GSR,
- Day/Time of Meeting: 6:30pm-7:30pm
- Address: 1 Porter Road East Longmeadow, MA
- Financial Contributions: yes, we donated to the pie.
- Service Positions Filled: GSR, Institutions, Accessibilities
- Commitments- Incoming/Outgoing: East Mountain Group
- Institutions: In the making

Group Share Discussion:

- No concerns

Taylor, GSR – Do or Die

Lily, Alt GSR – Do or Die

- Day/Time of Meeting: Wednesday 7:00pm
- Address: 181 Elm Street, East Longmeadow
- Financial Contributions: None this time
- Service Positions Filled: Treasurer, GSR, Institutions, Intergroup, Supplies, Coffee, Shepard, Bookie
- Commitments- Incoming/Outgoing: (Incoming) 4/16-After Work Group (Outgoing) on 4/15
- Institutions: Carlson 3rd Thursday monthly 4/17/2025

Group Share Discussion: Church has ants, we believe it's fine now-we put out traps.

Linda B., GSR – Hampden Step Group

- Day/Time of Meeting: 6:00pm-7:00pm 7:00pm-8:00pm 2 Speaker

- Address: Federation Community Church, 590 Main Street, Hampden, MA
- Financial Contributions: \$400
- Service Positions Filled: All positions are filled
- Commitments -Incoming/Outgoing: Cold Spring Group (Incoming 4/15) (Outgoing 4/10)
- Institutions:
- Group Share Discussion: NA

Jim- GSR – Belchertown Saturday Night

- Sat 7:00 pm Beg 8:00 pm Speaker
- Address: 18 Park St Belchertown
- Financial Contributions: not this month
- Service Positions Filled: GSR, Intergroup, Institutions, PI
- Commitments
- Incoming/Outgoing: Scrambled Eggs (Outgoing)4/13 1/10 (Incoming) 4/19
- Institutions: No

Group Share Discussion: In need of support, we could use some more people at the meeting.

Sean, GSR - Cold Springs Thursday 7:30 pm-8:30 pm

- Address: 18 Park St, Belchertown
- Financial Contributions: \$100.00 to pie in January
- Service Positions all but - Alternate GSR, CPC, and PI
- Commitments
- Incoming/Outgoing: (Incoming) 2/20 Sunday Night Life Group (Outgoing) on 2/23
- Institutions: N/A However, the group is discussing putting a meeting on at an assisted living home.

Group Share Discussion: Discussion about what the difference is between accessibilities and institutions? Who leads the accessibilities meetings does it have to be a rep or can someone else run the meeting?

Courtney, GSR-Morning Light

- Daily, 7am-8am, in person and online
- Address: 284 Montgomery Street, Chicopee
- Financial contributions: Contributes to the pie and is the biggest contributor to the pie.
- Service Positions Filled: All filled except for Accessibilities and Grapevine
- Commitments: (Incoming) N/A
- Institutions: Saturday evenings at Carlson, except first Saturday of the month
- Group Share Discussion: No issues.

Sarah: GSR South Hadley Sunday Night Women's Group

- Sunday 6-7PM
- Address: All Saints Church
- Financial Contributions: Yes, we donate to the pie.
- Service Positions Filled: GSR, Treasurer
- Commitments: N/A
- Incoming/Outgoing: Institutions: N/A

Group Share Discussion: Participation has increased, and we had 16 women at the last meeting. No other concerns.

Matt: GSR- Eye Opener Group

- Day/ Time meeting: 7:00-8:15
- Address: 485 East Street, Ludlow, Ma

- Location: Faith Community Chapel
- Financial Contribution: Yes, we donate to the pie.
- Service positions: GSR, Bookie, Institutions, Intergroup, Archives, PI, CPC (Group level) Treasurer, Secretary, Chair, P.I
- Commitments; Incoming/Outgoing: Here and Now 4/23

Group Shared Discussion: None

Justine, GSR- South Hadley Beginners Meeting: (Not present)

- Day/Time of meeting: Friday 6:00
- Location:11 North Street, South Hadley
- Financial Contributions:
- Service positions filled: GSR, Grapevine, Intergroup, P.I, Intergroup, Steering committee
- Group Share Discussion:

Chris, GSR- Wilbraham Monday Night Step Meeting

- Day/Time meeting: Monday 6:30-7:30 / 7:30-8:30
- Location of Meeting: Grace Union Church,10 Chapel Street, Wilbraham
- Financial contributions: N/A
- Service positions filled: GSR
- Commitments: Incoming/Outgoing: N/A
- Group share discussion: Voted to change meeting times 6-7 and 7-8 are the new times. Attendance at second meeting is still down but hoping the time change will help.

Chris B.-GSR, A Way Out

- Day/Time of meeting: 7:00-8:00pm, Saturday
- Location of meeting: St. Mark's Church, 1 Porter Road

- Financial Contributions:
- Service positions filled: GSR
- Commitments: Wilbraham Friday Night 4/11
- Group Share Discussion: Attendance is great, no issues to report.

Dori, GSR, Friday Night Wilbraham Group

- Day/Time of meeting: 6:30 beginners, and 7:30-8:30PM
- Location: Grace United Church, 10 Chapel Street, Wilbraham
- Financial Contributions: \$300
- Service Positions Filled: All
- Commitments: Incoming/Outgoing: A Way Out (Outgoing) 4/11 (Incoming 4/12)
- Institutions: N/A

Group Share Discussion: Celebrating 70th anniversary on May 23rd. We have a healthy group at there are 70 people at each meeting.

Steve GSR, and new alternate Trevor- Wilbraham Men's Group

- Date and time of meeting Thursday 7pm
- Location of meeting- Grace Union Church Wilbraham
- Financial contributions- NA
- Service Positions filled- All except Archives
- Incoming/ Outgoing commitments- NA
- Institutions- NA
- Group Share Discussion- Concerned that the Grapevine subscriptions aren't getting to the raffle winners. Anniversary meeting 4/24 food is 6-7 2 speaker meeting 7-8

Pam- Clear Cut Directions Women's Big Book Step Study

- Date and time of meeting- Tuesdays at 6:30-7:30

- Location of meeting- St. Mark's Episcopal Church East Longmeadow
- Financial donations- Yes, we donate to the pie
- Outgoing/Incoming Commitments- 3rd Wednesday of the month
- Service positions filled- All positions filled
- Institutions- N/A
- Group share discussion- We have 20 plus members and our attendance is 30-40 women on a regular basis.

Jim GSR- Green Street Group

- Date and time of meeting: Thursday 6:15-7:30
- Location of meeting- Columbia Hall Green Street Monson, MA
- Financial contributions- Yes we give to the pie on a regular basis.
- Service Positions filled- GSR, Intergroup
- Incoming/ Outgoing commitments- Yes
- Institutions- NA
- Group Share Discussion- We have a hard time filling service positions.

Old Business:

- The Spring Assembly is March 29th-30th and will be at Holy Family Roman Catholic Church 29 Sugarloaf St, South Deerfield, MA 01373.
- Sally wants all the GSRs to fill out the form so their groups can be registered.
- The Grapevine is looking for new issues.
- Institutions updated all commitments and they have a surplus of books.
- Yolanda from Intergroup reported that the Thanksgiving Alcahthon will be a new tradition.
- The agenda items are out for the Spring Assembly. The Spring Assembly is March 29th-30th and will be at Holy Family Roman Catholic Church 29 Sugarloaf St, South Deerfield, MA 01373. During the Spring Assembly Steve our Delegate will bring the agenda items from GSO.

- The State Convention will be November 14th-16th in Marlboro, MA. If you have any questions you can email Ray at altdelegate@area31.org. The international convention will be July 3rd-6th Vancouver British Columbia Canada.
- Reported that the Round-up will be held on June 6th-8th at 1 West Street Pittsfield at the Holiday Inn and Suites. The theme of the Round-up is “Working with others.” Registration is \$30.00 and registration opens at 3pm on Friday and that covers the cost for the entire weekend. You can pay via QR code which is on the area website, and you can pay with Venmo, PayPal, Cash App, or in-person at the event. Friday night the alcathon will begin at 9pm. Saturday at 11am the GSRs will put on a workshop Saturday Night there will be a dinner and Dance and the banquet dinner costs \$35. If you have any questions, you can contact Jack at roundup@area31.org or call [860-508-7171](tel:860-508-7171).

New Business:

- Still thinking about workshop ideas, some ideas are to have a Service Committee workshop, 12 Traditions Play, combine districts/comedy skit, or Jeopardy.
- Contributions are up and we are one of the top districts.
- Grapevine is still looking for back issues
- Institutions would like groups to reach out, they have a lot of open commitments.
- Fall Assembly is held by District 2
- Round-up: Workshop 11-11:55 “God of my Understanding” and Alcathon “Let Go and Let God” June 6th at 9pm
- Ray (Alternate Delegate)- District 4 Workshop on May 17th 10 am-2pm located at 93 Chapman Street Greenfield, MA. Concept meeting changed time to 7pm. 7/3-7/6 International Convention. 11/14-11/16 Mass State Convention lots of opportunities to get involved.

Last month’s readings-

- Sean- Tradition 4
- Jim- Chapter 6 Service Manual, Introduction

This month's readings-

Next month's meeting will be Monday May 5th, 2025 @ 7:00 pm in person at 30 Carew St., South Hadley, and on Zoom. Login info at area31aa.org.

Closed with the Responsibility Pledge.

Meeting adjourned. 8:00