

## District 5 Meeting

March 3, 2025 Minutes

### Opening

The regular meeting of District 5 was called to order at 7:00 pm by Chris K., our DCM.

Corrina, our Co-DCM, read what is a GSR from the service manual.

Justine read the Secretary report.

Ron from the No Name Group came and asked if the GSRs could spread the word that his group needs support. The group is being held at 7:30pm on Wednesdays at 859 Center Street in Ludlow.

Sarah from the South Hadley Women's Step Group located at 7 Woodbridge Street South Hadley reported that their group also needs support.

Chris our DCM brought up the area doing a workshop again and asked if anyone had any ideas.

### Groups Present

Steve– Thursday Night Men's Group

Linda B– Hampden Tuesday Step Meeting

Dave - East Longmeadow Sunday Night

Jim– Belchertown Saturday Night

Sean– Cold Springs Group

Taylor/ Lily– Do or Die

Sarah-South Hadley Sunday Night Women's Group

Matt-Eye Opener Step Group

Justine-South Hadley Friday Night Meeting

Dory-Friday Wilbraham Group

Tom S. Here and Now

Alan C.-Wilbraham Monday Night 12 Step Group

Chris B.- A Way Out Group

Pam- Clear Cut Directions- Women's Big Book Step Study

Corrina- Tuesday Night 12 and 12 group

Jim R- Green Street Group (Beginners)

Courtney- Morning Light

Group Shares-

David, GSR Dave, Alt GSR – East Longmeadow Sunday Night Group

- \* Day/Time of Meeting: 6:30pm-7:30pm
- \* Address: 1 Porter Road East Longmeadow, MA
- \* Financial Contributions: \$150.00 donated to the pie.
- \* Service Positions Filled: GSR, Intergroup, Institutions
- \* Commitments- Incoming/Outgoing: A Way Out 3/29
- \* Institutions: N/A
- \* Group Share Discussion: No concerns

Taylor, GSR Alternate GSR Lilly – Do or Die

- \* Day/Time of Meeting: Wednesday 7:00pm

\* Address: 181 Elm Street, East Longmeadow

\* Financial Contributions: next month

\* Service Positions Filled: Treasurer, GSR, Institutions, Archives, Grapevine, Intergroup, Supplies, Coffee, Shepard, Bookie

\* Commitments- Incoming/Outgoing: (Incoming) 3/19 Sunday Morning Group  
(Outgoing) 3/23 Sunday Morning Group

\* Institutions: Carlson 3rd Thursday monthly (3/20/2025)

\* Group Share Discussion: Zoom updated so it doesn't work on our iPad anymore. There was a discussion to purchase a new Ipad or use someone's phone for zoom. Majority didn't think using a group members phone was a good idea. We voted to buy a new tablet.

Linda B., GSR Alternate GSR Stephanie– Hampden Step Group

\* Day/Time of Meeting: 6:00pm-7:00pm 7:00pm-8:00pm 2 Speaker

\* Address: Federation Community Church, 590 Main Street, Hampden, MA

\* Financial Contributions: They donate to the pie

\* Service Positions Filled: Treasurer, GSR , Bookie

\* Commitments- Incoming/Outgoing: N/A

\* Group Share Discussion: NA

Jim- GSR – Belchertown Saturday Night

\* Sat 7:00 pm Beg 8:00 pm Speaker

\* Address: 18 Park St Belchertown

\* Financial Contributions: not this month

\* Service Positions Filled: GSR, Intergroup, Institutions, PI

\* Commitments -Incoming/Outgoing: Morning light from Chicopee on March 15th.  
Outgoing commitment is going to morning light on March 15th .

\* Institutions: No

\* Group Share Discussion: Only group concern is we need more group members

Sean, GSR - Cold Springs Thursday 7:30 pm-8:30 pm

\* Address: 18 Park St, Belchertown

\* Financial Contributions: None this month

\* Service Positions all but - Alternate GSR, CPC, and PI

\* Commitments Incoming/Outgoing: Welcome Home Group Thordike (Outgoing)

3/20 (Incoming) 3/21

\* Institutions: informally bringing the message to a group member in assisted living.

\* Group Share Discussion: We are talking about shortening the format.

We got three new members.

Courtney, GSR-Morning Light

\* Daily, 7am-8am, in person and online

\* Address:284 Montgomery Street, Chicopee

\* Financial contributions: Contributes to the pie and is the biggest contributor to the pie.

\* Service Positions Filled: All filled except for Accessibilities and Grapevine

\* Commitments: (Incoming) Belchertown Saturday Night 3/15 (Outgoing)

3/15

\* Institutions: Saturday evenings at Carlson, except first Saturday of the month

\* Group Share Discussion: No issues.

Sarah: GSR South Hadley Sunday Night Women's Group

- \* Sunday 6-7PM
- \* Address: All Saints Church
- \* Financial Contributions: Yes, we donate to the pie.
- \* Service Positions Filled: GSR, Treasurer
- \* Commitments: N/A
- \* Incoming/Outgoing: Institutions: N/A
- \* Group Share Discussion: Looking for new members because attendance has been low.

Matt: GSR- Eye Opener Group

- \* Day/ Time meeting: 7:00-8:15
- \* Address: 485 East Street, Ludlow, Ma
- \* Location: Faith Community Chapel
- \* Financial Contribution: \$250.00
- \* Service positions: GSR, Bookie, Institutions, Intergroup, Archives, PI, CPC (Group level) Treasurer, Secretary, Chair, P.I
- \* Commitments; Incoming/Outgoing: NA
- \* Group Shared Discussion: Interested in having the area come as an incoming commitment. Preferably the last Friday of the month.

Justine, GSR- South Hadley Beginners Meeting

- \* Day/Time of meeting: Friday 6:00

- \* Location: 11 North Street, South Hadley
- \* Financial Contributions: We donate to the pie
- \* Service positions filled: GSR, Grapevine, Intergroup, P.I, Intergroup, Institutions
- \* Group Share Discussion: No issues.

Alan C., GSR- Wilbraham Monday Night Step Meeting

- \* Day/Time meeting: Monday 6:30-7:30 / 7:30-8:30
- \* Location of Meeting: Grace Union Church, 10 Chapel Street, Wilbraham
- \* Financial contributions: N/A
- \* Service positions filled: GSR
- \* Commitments: Incoming/Outgoing: N/A
- \* Group share discussion: Attendance at the 6:30 meeting is up but the second meeting seems to be down in numbers, and we are talking about changing start times from 7-8 to 6-7. Still not paying rent due to low attendance at the first meeting.

Chris B.-GSR, A Way Out

- \* Day/Time of meeting: 7:00-8:00pm, Saturday
- \* Location of meeting: St. Mark's Church, 1 Porter Road
- \* Financial Contributions:
- \* Service positions filled: GSR
- \* Commitments: (Incoming) Agawam (no dates given)
- \* Group Share Discussion: Looking for someone to step up as our bookie.

Dori, GSR Alternate GSR Joanne- Friday Night Wilbraham Group

- \* Day/Time of meeting: 6:30 beginners, and 7:30-8:30PM
- \* Location: Grace United Church, 10 Chapel Street, Wilbraham
- \* Financial Contributions: yes
- \* Service Positions Filled: All
- \* Commitments: Incoming/Outgoing: (Incoming) 03/04 (Outgoing) 03/08
- \* Institutions: NA
- \* Group Share Discussion: Attended all of NERASA and the GSR roundtables.

Anniversary meetings are the 3rd Friday of every month

#### Steve and Alternate GSR Trevor- Wilbraham Men's Group

- \* Date and time of meeting Thursday 7pm
- \* Location of meeting- Grace Union Church Wilbraham
- \* Financial contributions- \$175.00 donated to the pie
- \* Service Positions filled- All except Grapevine and Archives
- \* Incoming/ Outgoing commitments- (Outgoing) Mill Street
- \* Institutions- Ludlow Jail
- \* Group Share Discussion- NA

#### Pam- Clear Cut Directions Women's Big Book Step Study

- \* Date and time of meeting- Tuesdays at 6:30-7:30
- \* Location of meeting- St. Mark's Episcopal Church East Longmeadow
- \* Financial donations- \$300.00 donated to the pie
- \* Outgoing/Incoming Commitments- 3rd Wednesday of the month
- \* Service positions filled- All positions filled except archives

\* Institutions- N/A

\* Group share discussion- We have 20 plus members and our attendance is 30-40 women on a regular basis.

Corrina- Tuesday Night 12 and 12 Group

\* Date and time of meeting- Tuesdays at 6-7pm

\* Location of meeting- All Saints Episcopal Church 7 Woodbridge Street South Hadley

\* Financial donations- Not Sure

\* Outgoing/Incoming Commitments- NA

\* Service positions filled- GSR, Chair, Secretary, Treasurer

\* Institutions- N/A

Jim- Green Street Group

\* Date and time of meeting- Thursdays 6:15-7:30

\* Location of meeting- Columbia Hall Green Street Monson

\* Financial donations- Give to the pie when able

\* Outgoing/Incoming Commitments- Outgoing to East Longmeadow Sunday Night Group 03/23

\* Service positions filled- GSR, Chair, Secretary, Treasurer.

Intergroup

\* Institutions- N/A

\* Group share discussion- No problems at this time

Tom GSR- Here and Now Group

- \* Date and time of meeting- 7:30 Wednesday Night
- \* Location of meeting- Saint Marks 1 Portor Road East Longmeadow
- \* Financial donations- Give to the pie when able
- \* Outgoing/Incoming Commitments- (Outgoing) Chapter 2 Group Ludlow 3/11
- \* Service positions filled- GSR, Chair, Secretary, Treasurer.

#### Intergroup

- \* Institutions- 1st Thursday Section 35 Ludlow
- \* Group share discussion- No problems at this time

#### Old Business-

- \* Steve our area Delegate came and gave us a report on what is going on in the area.
- \* Steve reported that NERASA is all virtual and will be on 2/21-2/23, you must register online. All GSRs should attend the GSR round table meeting
- \* Steve reported that NERF- North East Regional Forum will have GSO presentations and will be at the Omni Hotel in Rhode Island and it is free.
- \* The MA State Convention planning committee will be on 03/25/2025.
- \* The Area offers someone to come to your homegroup to do a presentation on what service is. The Area also offers to do a group inventory for your homegroup.
- \* There is an opening for a non-trustee director for the Grapevine and you can submit your resume on the Area website.
- \* Agenda items will be available 02/25/2025 and there will be a report at the Spring Assembly.
- \* Sally our Area Registrar visited and reported that if there is any change to your group to fill out the GSO form and to make sure that at the least your GSR name, phone number, email address, and group address are on the form. The form can be found on the Area website. Area31aa.org

## New Business-

\* The Spring Assembly is March 29th-30th and will be at Holy Family Roman Catholic Church 29 Sugarloaf St, South Deerfield, MA 01373.

\* Sally wants all the GSRs to fill out the form so their groups can be registered.

\* The Grapevine is looking for new issues.

\* Institutions updated all commitments and they have a surplus of books.

\* Yolanda from Intergroup reported that the Thanksgiving Alcathon will be a new tradition.

Visitors- Jack from the Round-up and Ray the Alternate Delegate

Visitors-

Jack from the Round-up

\* Reported that the Round-up will be held on June 6th-8th at 1 West Street Pittsfield at the Holiday Inn and Suites. The theme of the Round-up is "Working with others." Registration is \$30.00 and registration opens at 3pm on Friday and that covers the cost for the entire weekend. You can pay via QR code which is on the area website, and you can pay with Venmo, PayPal, Cash App, or in-person at the event.

Friday night the alcathon will begin at 9pm. Saturday at 11am the GSRs will put on a workshop Saturday Night there will be a dinner and Dance and the banquet dinner costs \$35. If you have any questions, you can contact Jack at [roundup@area31.org](mailto:roundup@area31.org) or call [redacted].

Ray the Alternate Delegate-

\* The agenda items are out for the Spring Assembly. The Spring Assembly is March 29th-30th and will be at Holy Family Roman Catholic Church 29 Sugarloaf St, South Deerfield, MA 01373. During the Spring Assembly Steve our Delegate will bring the agenda items from GSO.

\* The State Convention will be November 14th-16th in Marlboro, MA. If you have any questions you can email Ray at [altdelegate@area31.org](mailto:altdelegate@area31.org). The international convention will be July 3rd-6th Vancouver British Columbia Canada.

Last month's readings-

\* Sarah Tradition 3

\* Dave Concept 2

This month's readings-

\* Sean- Tradition 4

\* Jim- Chapter 6 Service Manual, Introduction

Next month's meeting will be Monday April 7th 2025 @ 7:00 pm in person at 30 Carew St., South Hadley, and on Zoom. Login info at [area31aa.org](http://area31aa.org).

Closed with the Responsibility Pledge.

Meeting adjourned. 8:15