

**District 5 Meeting  
February 2024 Minutes  
2/5/2024**

**Opening**

The regular meeting of District 5 was called to order at 7:00 pm by Lara, our DCM.

**Groups Present**

Sonny/Mick – Wilbraham Men’s Group  
Sarah – Sunday Night Women's Step Meeting  
Juan - East Longmeadow Sunday Night  
Chris – Belchertown Saturday Night  
Alan – Wilbraham Monday Night Step Meeting  
Darryl – Brimfield Friday Night  
Ian – Cold Springs Group  
Jim – Keep it Green  
Taylar/Lily – Do or Die  
Courtney - Morning Light  
Pam/Darcy - Clear Cut Direction  
Justine - South Hadley Beginners Meeting  
Carl - Eye Opener Step Group  
Ron - Lost and Found  
Darcy - Wilbraham Friday Night

**WELCOME ALL NEW GSR'S!!!!**

**Visitor**

Sally - District registrar: registrar@area31aa.org  
Steve - Area 31 Delegate

Sharla, Co-DCM read *What It Means to be a GSR* from the AA Service Manual.

**Group Share**

Juan, GSR – East Longmeadow Sunday Night Group

- Day/Time of Meeting: 6:30pm-7:30pm
- Address: St Mark's Episcopal Church, 1 Porter Road East Longmeadow
- Financial Contributions: We contribute to the pie every month
- Service Positions Filled:
- Commitments
  - Incoming/Outgoing:
  - Institutions:

Group Share Discussion: none

Taylor, GSR – Do or Die

Lily, Alt GSR – Do or Die

- Day/Time of Meeting: Wednesday 7:00pm
- Address: St. Andrews Church, Longmeadow
- Financial Contributions: Contribute to Pie
- Service Positions Filled
- Commitments
  - Incoming/Outgoing: New Freedom Group
  - Institutions: Carlson 3<sup>rd</sup> Thursday monthly

Group Share Discussion:

Sonny, GSR – Wilbraham Men's Group

Mick, Alt. GSR-Wilbraham Men's Group

- Day/Time of Meeting: Thursday 7pm-8pm
- Financial Contributions: Per Pie Chart
- Service Positions Filled: Only Group level, GSR, Alternate GSR, Secretary, Intergroup, Greeter, Supply
- Commitments
  - Incoming/Outgoing:
  - Institutions: Mill St. last Thursday of the month

Group Share Discussion: Celebrating Anniversary in April, and purchase of 12 Step and 12 Traditions banner

Pam- GSR /Darcy Alt.- Clear Cut Direction

- Day/Time of Meeting: Tuesday, 6:30-7:30PM
- Address: St Mark's Episcopal Church, East Longmeadow
- Financial Contributions: Pye
- Service Positions:

- Commitments
  - Incoming/Outgoing:
  - Institutions: Northern Hope Deerfield, 3rd Wed. of every month  
Group Share We are women only, Big Book, Step discussio

Chris - GSR - Belchertown Saturday Night

- Sat 7:00 pm Beg / 8:00 pm Speaker
- Address: 18 Park St, Belchertown
- Financial Contributions: Pye
- Service Positions Filled: GSR, Intergroup, Institutions
- Commitments
  - Incoming/Outgoing: East Mountain-outgoing 2/16, incoming 2/17
  - Institutions: No

Group Share Discussion: Where and When : Prices and availability

Alan, GSR – Monday Night Step Group

- 6:30-7:15 pm Beg 7:30-8:30 pm 1-12
- Address: 10 Chapel St., Wilbraham
- Financial Contributions: Not this month
- Service Positions Filled: All filled at group level and district level
  - Incoming/Outgoing:
  - Institutions:

Group Share Discussion:

Ian, GSR - Cold Springs

- Thursday 7:30 pm-8:30 pm
- Address: 18 Park St, Belchertown
- Financial Contributions:
- Service Positions Filled: , GSR, Intergroup, Institutions
- Commitments
  - Incoming/Outgoing: Wildcats Beginners Meeting, 7-8:15 PM
  - Feeding Hills
  - Institutions:

Group Share Discussion:

- None at this time

James, GSR - Keep it Green

- Thursday 6:15 pm – 7:30 pm
- Address: Green St, Cushman Hall, Monson
- Financial Contributions: None this month
- Service Positions Filled: GSR, Bookie, Intergroup, and group level
- Commitments
  - Incoming/Outgoing: Every month
  - Institutions: no

Group Share Discussion:

- Since back at Green Street, more attendance..anticipating contributions to the pye in the near future

Courtney, GSR-Morning Light

- Daily, 7am-8am, in person and on line
- Address:284 Montgomery Street, Chicopee / 35 Center Street (Sundays only)
- Financial contributions:All
- Service Positions Filled: all filled at group level, GSR, Bookie, Intergroup, Sheperd/Greeter, CPC, Archives
- Commitments:
- Incoming/Outgoing- Scrambled Eggs
- Institutions: Saturday evenings at Carlson, except first Saturday of the month
- Group Share Discussion: None  
Non

Darcy; Friday Night Wibraham Group

- Day/Time of Meeting- Friday 6:30-7:30 beg / 7:30-8:30, 1 speaker
- Address- 10 Chapel Rd., Wilbraham
- Financial Contributions: 600.00 Pye
- Service Positions Filled: 2
- Committments:
- Incoming/Outgoing: Haydenville
- Institutions

Group Share Discussion: increased attendance

Alan - GSR Wilbraham Monday night Step Group

- Day/Time of Meeting: Monday 6:30-7:15 and 7:30-8:30
- Address: Grace Union Church, Wilbraham, Ma

- Financial Contributions: Pye
- Service Positions Filled: GST, Treasure, Chair
- Commitments:
- Incoming /Outgoing:

Group Share Discussion: Question about Where and When availability

Darryl - Brimfield Friday Night

- Day/Time of Meeting: Friday 7:30PM
- Address: Brimfield
- Financial Commitment: Pye
- Service Positions Filled:
- Commitments:
- Incoming/Outgoing:
- Institutions:

Group Share Discussion:

Justine - GSR South Hadley Beginners Meeting

- Day/Time of Meeting: Friday 6:00PM
- Address: Baptist Church, 11 North Main Street, South Hadley
- Financial Contributions:
- Service Positions Filled: Institutions, PI, Accessabilities, group positions
- Commitments:
- Incoming/Outgoing: Amherst Step Group 2/18
- Institutions:

Group Share Discussion: group has grown to 50-75 persons per meeting

Carl -GSR /Matt - Alt. -Eye Opener Step Group

- Day/Time of Meeting: Friday 7:00-8:30PM
- Address: Union Church of Christ, 51 Center St, Ludlow
- Financial Contributions: 100.00 per pye
- Service Positions Filled: Group positions, Intergroup, Institutions, PI, Bookie,
- Commitments:
- Incoming/Outgoing:
- Institutions:

Group Share Discussion: In search of immediate relocation for meetings on Friday and Wednesday meetings!!!!

### Ron -GSR - Lost and Found

- Day/Time of Meeting:
- Address: Church of Christ, 284 Montgomery Street, Chicopee
- Financial Contributions:
- Service Positions Filled:
- Commitments:
- Incoming/Outgoing:
- Institutions:

Group Share Discussion: none

### Sarah - GSR - Sunday Night Step Meeting

- Day/Time: Sunday, 6:00- 7:00PM
- Address : All Saints Church, & Woodbridge Street, South Hadley
- Financial Contributions: 200.00 in January (quarterly contributions)
- Service Positions Filled: Treasurer
- Commitments: Incoming/Outgoing:
- Institutions:

Group Share Discussion: none

### Old Business

- Lara expressed there is no need at this time to purchase a Chromebook, but the money may come in handy down the line perhaps for our Traditions play in the near future.
- Copies of the Traditions play were handed out and Sonny went through the scenario .
- Service books were available for all GSR's who need one.

### New Business

- **Table the Traditions play and will discuss possibilities of where and when to do the play**
- **Info on NERASSA from participants**

### Visitor Reports

Sally, Registrar for Area 31

Keeps an updated list of all the groups and locations with an approximate attendance for each, which in turn is submitted and recorded at GSO in NY

for their database. We received a handout of District 5 active groups and locations.

#### Steve-Area 31 Delegate

- Steve went over dates of the upcoming NERASSA, February 22-25 in Hershey PA, Spring Assembly March 23/24, which will be at St. Johns Lutheran Church in Westfield, 60 Broad Street, encourages all GSR's to attend, and the Round Up in June. There is a need for volunteers for the MA State Convention Committee, in Marlboro this year. The website is full of information, and has been revised... [area31aa.org](http://area31aa.org)
- Next years NERASSA was yet to be determined as of our meeting date.
- Group inventories were highly recommended to evaluate how (our) groups are fulfilling their primary purpose: To help the alcoholics recover through the AA's suggested 12 steps of recovery and how we are following the 12 traditions. Suggested to contact the group chair who in turn could contact a past delegate to come and do a group inventory with them.

Thank you to both of our visitors!

#### **This Month Readings**

- Mick- Tradition 2
- Chris – Concept 1

#### **Readings**

#### **Next month's readings and discussion**

Justine will read and report on Tradition 3

Mick will read and report on Chapter 7

Next month's meeting will be Monday, March 4, @ 7:00 pm in person at 30 Carew St., South Hadley, and on Zoom. Login info at [www.area31aa.org](http://www.area31aa.org).

Responsibility Pledge.

**Meeting adjourned. 8:16**

## Contact Information

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