

**District 5 Meeting
August 2023 Minutes
8/7/2023**

Opening

The regular meeting of District 5 was called to order at 7:00pm by Kate, our DCM.

- Moment of silence followed by Serenity Prayer.
- Chris K read "What is a GSR?" from the handbook.
- Kate, DCM, welcomed new GSRs and asked if there were visitors.
- Tony, Secretary, read June Meeting Minutes.

Groups Present

1. Noreen - Wilbraham Friday Night Group
2. Allen – Wilbraham Monday Night Step Group
3. Mike – Wake Up Call Zoom Group
4. Sonny – Wilbraham Men’s Discussion Group
5. Dave – Brimfield Friday Night Group
6. Chris K – Belchertown Saturday Night Group
7. Ian – Cold Spring Group
8. Tim – Hampden Step Group
9. Juan – East Longmeadow Sunday Night Group
10. Amanda – Do or Die Group

Visitors

1. Mike B, Delegate
2. John T, Cold Spring Group

Group Sharing

Noreen, Alt. GSR – Wilbraham Friday Night Group

- Day/Time of Meeting: 6:30pm-7:15pm and then 7:30pm-8:30pm
- Address: 10 Chapel Wilbraham, MA Grace Union
- Financial Contributions: Pie Chart
- Service Positions Filled: Most
- Commitments
 - Incoming/Outgoing: 1x mo
 - Institutions: Carlson Detox

- No Concerns

Alan C, GSR – Wilbraham Monday Night Step Meeting

- Day/Time of Meeting: 6:30p-7:15p and 7:30p-8:30p
- Address: Grace Union 10 Chapel St. Wilbraham, MA
- Financial Contributions: Donate via Pie Chart
- Service Positions Filled: Sue-Secretary, Ted-Treasurer, Morris-Chair
- Commitments
 - Incoming/Outgoing:
 - Institutions:
- Concerns/Comments: None

Mike, GSR - Wake UP Call

- Day/Time of Meeting: Daily 7a-8a
- Address: Zoom link provided on area31aa.org
- Financial Contributions: Pie
- Service Positions Filled: Most of them.
- Commitments
 - Incoming/Outgoing:
 - Institutions:
- Concerns: None. Group inventory in process. Getting newcomers to join.

Sonny, GSR – Wilbraham Men’s Discussion Group

- Day/Time of Meeting: 7p-8p
- Address: Wilbraham, MA
- Financial Contributions: Per Pie Chart
- Service Positions Filled: Most of Them
- Commitments
 - Incoming/Outgoing:
 - Institutions: Mill St. 7pm last Tuesday every month.
- Concerns/Comments: New Treasurer. Good group attendance 40-50 men. Alternate has been busy w/ new job + family!

Dave L, GSR – Brimfield Friday Night

Darryl L, Alt GSR

- Day/Time of Meeting: 6:30pm-7:30pm
- Address: 1 Porter Road East Longmeadow, MA 01028

- Financial Contributions: None
- Service Positions Filled: Few filled.
- Commitments
 - Incoming/Outgoing: Cold Spring
 - Institutions:
- Comments/Concerns: Anniversary August 18th, 2023. 6:30 Food & Fellowship. 7:30 2 Speaker Meeting.

Chris K, GSR - Belchertown Saturday Night

- Day/Time of Meeting: 7p-7:30p Beginner's. 8p-9p Speaker
- Address: 18 Park Street Belchertown, MA 01007
- Financial Contributions: Pie
- Service Positions Filled: All but CPC + PI
- Commitments
 - Incoming/Outgoing: Do or Die 8/12 and 8/16
 - Institutions:
- Concerns: Elevator still not working.

Ian, GSR - Cold Spring Group

Jen, Alt. GSR

- Day/Time of Meeting: 7:30pm Thursdays
- Address: 18 Park Street Belchertown, MA 01007
- Financial Contributions: Not this month
- Service Positions Filled: Intergroup, Archives, CPC, Institutions, Group Shepherd.
- Commitments
 - Incoming/Outgoing: 8/10 & 8/11 Hitchcock Academy
 - Institutions:
- Upcoming Anniversary: Official anniversary is June. This years' celebration will be October 12, 2023 @ 5:30pm. Food Fellowship and Speaker Meeting.
- Concerns: None

Tim, GSR – Hampden Step Group

Alan, Alt GSR

- Day/Time of Meeting: 6:00p-7:00p (Step) 7:00p-8:00p (2 Speaker)
- Address: Federation Community Church, 590 Main Street, Hampden, MA

- Financial Contributions: Our Treasurer will be sending contributions for July. There will be no contribution in August.
 - General Service: \$200
 - Area: \$200
 - Intergroup: \$200
- Service Positions Not Filled: CPC, PI Rep
- Commitments
 - Incoming/Outgoing: 8/8 Sunday Wake Up Call (in) 8/13 (out)
 - Institutions: Stoney Brook (section 35) 8/16 & 8/30
- Comments/Concerns: None

Juan, GSR – East Longmeadow Sunday Night Group

Jean Claude, Alt GSR

- Day/Time of Meeting: 6:30p-7:30p
- Address: 1 Porter Road East Longmeadow, MA 01028
- Financial Contributions: We contribute to the pie every month.
- Service Positions Filled:
- Commitments
 - Incoming/Outgoing: Tuesday Hampden Meeting 7p
 - Institutions:
- No issues or concerns at this moment

Amanda, GSR – Do or Die

Taylor, Alt GSR

- Day/Time of Meeting: Wednesdays 7p-8p
- Address: St. Andrews in Longmeadow, MA
- Financial Contributions: Discussed contributions to pie, haven't for some time.
- Service Positions Filled: Most filled. Bookie left but commitments are booked until February.
- Commitments
 - Incoming/Outgoing: Belchertown Saturday Night on 16th.
 - Institutions:
- Concerns/Comments: Still no movement on going back to old church. Good participation.

Old Business

- a) District 2 will have a “Celebration on Service” workshop 8/25. This will be at Congregational Church in Agawam, Main Street from 5p-9p.
- b) District 4 has a workshop 8/12. “Keeping a Balanced Triangle.” This will be in South Deerfield.
- c) Mass State Planning Meeting was July. Contact host hotel in Sturbridge for reservations. Mention you are with the convention and have a great time for \$129 a night.
- d) Tom H, our recent past DCM is the new Chair of Western MA Round Up.
- e) “Let’s ask the groups we visit if they have a GSR, and invite to attend our District Meeting. Without a GSR, your group doesn’t have a voice. If you can, try to visit at least 1 group that isn’t your own.”

Visitor Report

Mike B, Delegate

- “I like visiting these District meetings. I like to keep track or notice group participation. There’s great attendance here tonight. “
- “Area inventory Saturday October 14th.
 - Q’s and A’s and info is listed on Area31aa.org
 - There will be 5 elections on that day – Chair, Alt Chair, Delegate, Alt Delegate, Treasurer and Secretary.”
- “2024 Mass State Convention might be held at Southbridge Hotel and Conference Center. Not sure yet, isn’t locked in but looks like a great spot. We looked at it last week. Looks in really nice shape. The foyer is impressive. Plenty of rooms for meetings. Up to code. 3-5 rooms are handicap accessible. 250 rooms. There’s room to have a banquet, lounge area. 2 large rooms for meetings. 500 in one room and 300 in the other, we could telecast the meetings. It’s a far cry structurally from where we are now. This isn’t locked in yet. Nothing much else to speak on, you already covered everything else that I can think of at the moment.”
- “Glad to be here, thanks for having me.”

New Business

- a) Reviewed list of active registered groups in District 5. Kate, DCM, asked if any of the GSRs present attend any of them regularly. Also, asked if there was any knowledge of what day and time each group meets, if the group

listed is still active, if they have a GSR. She also mentioned that GSRs don't have to attend the meetings that have GSRs already active in District 5 participation. Juan, GSR of East Longmeadow Sunday Night Group, was at the ready to provide information for many groups mentioned. This alone provided evidence that Juan is a GSR for many groups, or that he is highly active in Alcoholics Anonymous.

- b) Sunrise Pulaski Park anniversary is 8/16. Food 5p then meeting.
- c) Keep it Green anniversary is 8/17 Food at 5p, Speaker at 6p.
- d) Area Picnic is 8/20 from 11a-6p at the Moose Lodge on Fuller Road in Chicopee.
- e) Radio station at Basketball Hall of Fame has requested for more participation from those interested in sharing their experience, strength and hope on air. They'd like to keep this going and relies solely on participation. Matt Audrey of Radio Station can be contacted by cell phone number: (413) 387-2119. Check Area31aa.org for more information.

Readings

Tim, GSR Hampden Step Group read:

Next month's readings and discussion

Mike, GSR for Wake Up Call has agreed to report on: Tradition 9

Tony, District Secretary has agreed to report on: Area Committee

Next Meeting

Monday September 4, 2023 @ 7:00pm

30 Carew St., South Hadley, MA.

Zoom Login info at area31aa.org.

Responsibility Pledge.

Meeting adjourned at 8:13 pm.

Contact Information

Kate V[redacted], DCM

Lara A[redacted], Co DCM

Tony D[redacted], Secretary

district5area31aa.org

[redacted]@gmail.com

[redacted]@yahoo.com