

District 4 GSR Meeting
September 16, 2025

Meeting opens at 7pm with the Serenity Prayer.

Dan shares on Tradition 9: *“AA as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”*

(?)_____ to share on Tradition 10 at next district meeting 10/21/25

Dan B. gives Secretary's Report.

New GSRs:

- Jack (Up & Atom) Saturdays 7am North Amherst Emanuel Lutheran Church
- Tommy (Wednesday Night Northampton Speaker Meeting) Edward's Church
- Craig (Attitude Adjustment Group 7pm Greenfield)

Ray (Alt. Delegate) will try to bring GSR presentation to next month's meeting for new GSRs

Group Check-Ins:

- Linda R. (Sunderland Security Group Tuesdays) Going well, fluctuating attendance. Commitments going well.
- Nancy C. (Amherst Friday Night Group) Going well, fluctuating attendance. Groups 39th anniversary this Friday. 7pm-8pm food & fellowship, 8pm-9:30pm 4 speakers.
- Michael S. (Conway Monday Night Meeting) Going well.
- Patrick O. (Thursday Night Shelburne Big Book Study Group) Good attendance, new comers trying out the meeting; an active group.
- Craig C. (Attitude Adjustment Group Greenfield) Strong meeting, 25-30 people. Group adjusting format to clearly define "Cross Talk" as they are frequently attended by folks just trying to get off the streets, group continues to navigate that.
- Matt W. (Northampton Friday Daily Reflections Meeting) Meeting is consistent, doing well.
- Dan B. (Haydenville Sunday Night Life Group) Decent attendance, commitments going well, group is active in Area service, recently adjusted meeting time from 7:30pm-8:30pm to 7pm-8pm and it has gone smoothly.
- Tommy (Northampton Wednesday Night Speaker Meeting) Going well. Fairly new meeting & new to service position.
- Jack J. (Sunny Side Up Group N. Amherst Saturdays) Small group, doing well, new to GSR position.

Co-DCM James Area Re-cap:

- Fall Assembly Saturday 10/18 (9am-3pm) & Sunday 10/19 (1pm-5pm) at United Congo. Church 300 Appleton St. Holyoke. Important for GSRs to attend, Area elections; all positions up for election.
- Mass State Convention 11/14-11/16 Best Western in Marlboro, registration is open. Please use "Convention Block" when booking a room.
- N.E. Regional Forum coming to Providence R.I 12/5/25-12/7/25 at the Omni in Providence. It is a free event, but you must register.
- N.E.R.A.A.S.A 2/20/26-2/22/26 Portland ME Holiday Inn by the Bay. Signup now, GSRs can ask their group to fund their attendance.

- Area Treasurer: Area Contributions up 1.5% for the year, overall expenses have been light.
- Webmaster (Tom): Tom is revamping CPC's webpage to make it more attractive.
- Accessibility (Judy): Committee is going strong. They have a new commitment to Care One in Northampton.
- Achieves (Rick): Looking for group histories, less than 1/3 of the 74 groups in the Area have submitted histories. Workshop on 10/20 6pm-10pm will be a recording party. Recording 2 speakers who got sober on Zoom.
- CPC: Revamping webpage to be more attractive. They have a new position "Committee Liaison" (Tanya)
- Grapevine: Committee needs support, attendance has been light. Anyone can submit their stories of experience, strength, & hope. Will need a new Co-Chair as next year rolls in.
- P.I. (Brian): Committee looking for support. Working on a radio broadcast that would be on 90.7 out of Great Barrington.
- Round-Up: Committee had their first meeting, looking into locations & times. More info to follow, anyone can join the planning committee.
- Institutions (J.D.): 32 open commitments, 22 filled. Institutions looking for donations.
- Intergroup (Yolanda): Cook Out went well, Thanksgiving & Christmas Alcathons are approaching; attend Intergroup meeting to sign up for a speaking slot &/or to volunteer at Alcathons.

Yolanda Intergroup:

- Yolanda shares on Intergroup & how it differs from GSR position. Intergroup participates in events & events planning, votes on bringing events to the Area. They also participate in larger regional events/gatherings. GSRs bring information from the Area to their group and bring the groups voice to their Area.
- Thanksgiving Alcathon planning at Intergroup meeting on Thursday 10/9 at 7pm 30 Carew St. S. Hadley (& online/Hybrid) if your group wants a slot to speak at Alcathon &/or anyone that wants to volunteer to help with setup/cleanup etc. Alcathon will be on 11/27 12pm-12am at the Morning Star Baptist Church 11 North Main St. S. Hadley.
- Christmas Alcathon planning at Intergroup meeting on Thursday 11/13 at 7pm 30 Carew St. S. Hadley (& online/Hybrid) if your group wants a slot to speak at Alcathon &/or anyone that wants to volunteer to help with setup/cleanup etc. Christmas Alcathon is 6pm 12/25 to 6pm 12/25 at St. Paul's Episcopal 485 Appleton St. Holyoke.
- Intergroup elections are coming soon.
- Steering Committee to help bring new idea (events) to Intergroup ie. Dances, bowling party, etc.

J.D. from Institutions:

- Institutions is 1st Wednesday of each month, in-person. 15-20 present that collected over 180 books for their commitments.
- There are "group commitments" & "individual commitments." Individual commitments require 2 persons, a "sponsor" with at least 2 years sobriety & "co-sponsor" with at least 6 months sobriety, coordinate with Intergroup. There are 38 open commitments, 8 that require a mandatory CORI Check. Lisa (liaison) can connect interested groups/individuals with commitments.
- Institutions is looking for financial contributions.
- They now have Plain Language Big Books Available

New Business:

- Has anyone been able to visit meetings from list Nancy (DCM) mailed out that don't have an active GSR? James attended Tuesday Step Meeting in Turners Falls, Wednesday meeting in Lake Pleasant, Thursday Step Meeting in Turners Falls, & Friday Tap Roots Meeting in Northfield. Lake Pleasant & Northfield expressed interest.
- Nancy read down some of Meeting list & some GSRs chose a few meetings they would reach out to & report back at next District meeting.

Meeting closed with the Responsibility Prayer

Next meeting October, 21st 7pm