

District 4 GSR Meeting
January 21, 2025

Meeting opens at 7pm with the Serenity Prayer.

Mike shares on Tradition 1 "Our common welfare should come first; personal recovery depends on AA unity."

- Fundamental to our program and our recovery
- AA unity important to sustain a group in order to be available for alcoholics
- For some it may feel 'counter intuitive' to embrace, in our diversity, principles before personalities
- The group must survive, or the individual may not
- Individuals putting self-centered fear aside for the 'greater good' (unity) to achieve recovery

Sascha volunteers to read Tradition 2 at next meeting.

Group Check-Ins:

Kris (Amherst Saturday 11th Step Meeting): low attendance a year ago, with sparse business meetings, has shifted into a solid increase with many young people in attendance. Great meditation practice.

Dan B (Haydenville Sunday Night Life Group): Meeting going strong. Group does a lot of service including area service and 3 commitments monthly.

Patrick (Shelburne Falls Big Book Study Group): Meeting going 'surfy' (well) with solid attendance and a good number of newcomers. Have new Institutions reps.

Linda (Sunderland Security Group): Linda is serving as the GSR for her second time, group agrees GSR role is important. Group doing well with great attendance. Numbers good post-pandemic. Strong homegroup membership/business meetings.

Rachel (Florence Eye Opener): Good attendance. Group recently held elections. Group has 6 in-person and 7 online meetings weekly.

Sascha (Lyden Way Big Book Meeting): Currently strong attendance and strong group membership. Group in process of filling service positions.

Michael (The Conway Group): Hybrid meeting, healthy attendance. Group recently held elections; service positions filled. "A vibrant, growing energy."

Area Recap:

Registrar Sally asks all new GSRs fill out Change of GSR Form available at Area website area31aa.org/. Any groups with new GSRs, or those who haven't done so, please visit website and fill out form.

Archives has received some donated material that may be of interest to New York. Judy from accessibility shared that Achieves is planning another listening party.

Joe from the Grapevine mentioned they are looking to complete a full set of Grapevine magazines, could use some issues from 1993-2023. Contact grapevine@area31.org Also mentioned that the Grapevine display boards are available for meetings/events/etc. Lastly, anyone interested in submitting stories or jokes to potentially be published in an issue of the Grapevine can submit at aagrapevine.org

56th Round Up will be June 6th-June 8th in Pittsfield at the Holiday Inn. Registration starting soon and will be \$30 a person and \$35 for the banquet, possible scholarships to be offered. District 4 GSRs will be leading a workshop. Visit Area website if interested in joining the Round Up Planning Committee, the meet at 6pm on the 2nd Wednesday of the month.

Christmas & Thanksgiving Alcahons both went great with solid attendance.

Lena from Institutions mentioned they are in need of a Bridging The Gap rep. Email Institutions if interested institutions@area31aa.org Also that groups with outside commitments should visit Institutions to acquire books.

Yolonda from Intergroup shared that Intergroup is still in need of a treasurer.

WMYPAA (?) will be holding a convention in August, 8/15-8/17 at the Marriot in Springfield, more information to come. Theme will be "Strangely Insane."

Old Business:

Round Up GSR workshop topic "Working Together & Building Trust." James (Co-DCM) suggested the Grapevine meeting hall in Greenfield as a possible place to use to plan workshop together, renting it or possible waiver, sometime in May. Michael shared he is on the Grapevine Board & could serve as a liaison and will connect with James. Patrick made a motion to hold workshop planning sessions at the Grapevine, Michael seconded the motion and it carried 7-0 in favor. James will collaborate with Michael to secure a date for the meeting.

New Business:

Tania (visiting from General Service as a support for a new GSR) mentioned that some people in our Area have expressed interest in potentially starting a monthly/bi-monthly meeting to talk about what to expect in attending the Internation Convention in Vancouver. A chance to ask questions from those with experience and how to be best prepared.

Tania also inquired how our Area Round Up got its name (Round Up). Carl will look into this and share with Nancy any findings.

Ray (GSR Delegate) shared a slide presentation on what to expect while being a GSR, what it entails, and will share presentation at the 2025 conference. Nancy will send out the presentation to GSRs via email.

Motion to end meeting, seconded and closed with Responsibility Pledge.

NEXT DISTRICT 4 MEETING TUESDAY, FEBRUARY 18TH