

District 3 Meeting Minutes
01/16/2026

DCM Mike K.
Co-DCM Kate A.
Secretary Madison L.

We have set up a WhatsApp group for easy communication, group support and event reminders—you can join the WhatsApp group here:

<https://chat.whatsapp.com/Lf8t13Si0clHjhKJQLkQ1N>

Introductions:

Mike and Kate introduced themselves as our new DCM and Co-DCM, and emphasized their commitment to collaborate from the GSR's to learn the best ways the District can be serving groups and reaching alcoholics who still suffer. They referenced the upside-down triangle structure of AA service (attached here). They also hope to visit meetings around the area to encourage more GSR participation.

Group reports/new business discussion:

Groups reported on the status of their individual groups. In new business, many GSR's agreed that they wanted to see events that combine fellowship, food, and learning about AA structure, traditions, group inventories, and service work in a way that builds enthusiasm and morale. Ideas discussed were potential quarterly or bi-annual district events focusing on education, fellowship, and food.

GSR Action Items:

GSR's are asked to go back to their groups to discuss:

- **What the District can do for them?**
- **What services can the District be providing to groups?**
- **What educational topics do groups want to learn more about?**
- **What events do groups want to see?**
- **How we can make attendance at the District meeting more attractive to more GSR's - what we can do to get folks to want to be involved in District meeting?**
- **Consider if your group wants a group inventory (if so, can email Area 31 Chair at areachair@area31a.org to request group inventory)**

The new Area 31 Handbook will be available electronically soon, and will be distributed when it is available.

Invited Committee Reports:

Area 31 Alternate Delegate Bob gave a presentation on GSR responsibilities and confirmed that action items from the General Service Conference will be distributed quickly to allow groups time to discuss them before the March mini-conference (historically there has been a delay causing difficulty for GSR's to get group input on action items before the mini-conference).

Berkshire Intergroup Chair Dwayne reported on Intergroup's commitment to hold three events this year.

Berkshire Institutions Committee Secretary Vera reported that individuals can sign up as volunteers for Bridging the Gap to connect with alcoholics when they exit institutions. Vera also reported on open institutions meetings that are seeking commitments:

- Berkshire House of Correction: First and Third Wed nights
- CSS: 2nd, 3rd and 4th Fri night, 1st and 4th Sat and 2nd & 4th Sun
- Jones: 2nd & 4th Wed night, and 3rd Sun morning
- Greylock Recovery Center: (our newest commitment) 1st, 3rd and 5th Mon

AREA 31 CALENDAR

<https://area31aa.org/calendar/>

NORTHEAST REGIONAL AA SERVICE ASSEMBLY

February 20-22

<https://neraasa.com>