

AREA 31 WESTERN MASSACHUSETTS

LIST OF REGISTERED ACTIVE GROUPS AS OF NOVEMBER 2025

WITH GROUP NUMBERS AND HISTORY (ANNIVERSARY) DATES

Please report changes (such as groups no longer active) or corrections (for example if a history date looks wrong) to the Registrar at registrar@area31aa.org.

Group ID	Name	District	City	History Date
000090065	1-2-3 Sunday Step Group	District 03	Pittsfield	2/10/08
000113041	1, 2, 3 Remember Me Group	District 04	Greenfield	3/18/12
000090125	10th Leper Group	District 06	Russell	9/1/93
000090207	11th Step Meditation Group	District 04	Florence	5/1/08
000090246	11th Step Prayer Group	District 03	North Adams	5/9/01
000701882	12 Step Musicians Group	District 02	Agawam	12/15/24
000392086	164 Big Book Meeting Group	District 02	Agawam	10/1/20
000091613	A New Freedom Group	District 02	Holyoke	1/1/06
000095848	A Way Out BB Step Group	District 04	Greenfield	11/6/03
000091801	A Way Out Group	District 05	East Longmeadow	12/12/86
000092354	Adams 12 & 12 Group	District 03	Adams	12/15/72
000092399	After Dinner Group	District 01	Springfield	1/29/81
000099447	After The Eleventh Hour Group	District 04	Amherst	2/8/85
000092420	After Work Group	District 01	Springfield	3/7/17
000348938	Agawam 1:30 PM School St Park Group	District 02	Agawam	3/28/20
000092604	Alanooner Group	District 02	Agawam	3/16/07
000092762	All About We Group	District 01	Springfield	1/7/03
000092801	All Welcome Group	District 03	Great Barrington	5/1/03
000093034	Amherst Big Book Step Study Gp	District 04	Amherst	12/12/92
000093035	Amherst Friday Night Group	District 04	Amherst	11/13/86
000093037	Amherst Monday Night Group	District 04	Amherst	9/29/59
000093042	Amherst Young People's Group	District 04	Amherst	11/1/07
000034903	At Wits End Group	District 03	Lenox	6/1/05
000093885	Attitude Adjustment Group	District 04	Greenfield	1/1/89
000094268	Back To Basics Group	District 04	Bernardston	12/19/90
000094366	Back to Basics Group	District 03	Housatonic	2/1/07
000094510	Back To Reality Group	District 05	Chicopee	5/1/00
000259832	Barnabas on Williams Step Group	District 05	Longmeadow	
000095434	Becket Grapevine Group	District 03	Becket	1/1/02
000095065	Been There Done That Group	District 04	Northampton	10/22/97
000095268	Belchertown Monday Nite Step Group	District 05	Belchertown	1/1/05
000095270	Belchertown Saturday Night Grp	District 05	Belchertown	2/18/92
000614698	Berkshire Alphabet Soup LGBTQIA+ Open Group	District 03	Housatonic	12/6/23
000095432	Berkshire Big Book Group	District 03	Cheshire	7/25/80
000095433	Berkshire Group	District 03	Pittsfield	1/1/10
000234652	Better Life Group	District 01	Springfield	12/17/84
000335536	Better Safe Than Sorry	District 04	Turners Falls	3/9/20

000067422	Big Book Group	District 03	Adams	1/1/92
000096058	Big Kids Group	District 02	Agawam	6/11/11
000513297	Boiled Owls Group	District 03	Great Barrington	1/1/21
000096795	Bridge Group	District 01	Springfield	1/1/51
000235311	Brimfield Academy Group	District 05	Brimfield	9/7/84
000096885	Brimfield Tri-Area Group	District 05	Brimfield	1/29/75
000096952	Broad Highway Group	District 02	Easthampton	1/1/97
000097297	Buckland Wednesday Night Step Group	District 04	Buckland	9/19/88
000109838	Build A Foundation Group	District 06	Enfield	5/29/04
000097441	Bushwackers Group	District 03	Pittsfield	4/4/90
000097809	Came To Believe Group	District 05	Thorndike	1/29/79
000098564	Central Berkshire Group	District 03	Pittsfield	7/1/55
000098762	Chapman Street Group	District 04	Greenfield	7/23/93
000098794	Chapter Two Group	District 05	Ludlow	10/4/89
000098985	Chickuppy 12 & 12 & 12 Group	District 05	Chicopee	4/1/98
000098991	Chicopee Beginner's Step Group	District 05	Chicopee	7/20/85
000098989	Chicopee Group	District 05	Chicopee	8/6/51
000098990	Chicopee No Nonsense Nooner Gp	District 05	Chicopee	3/1/99
000478104	Clear Cut Directions Group	District 05	East Longmeadow	6/6/23
000099341	Clear The Air Group	District 05	East Longmeadow	4/2/91
000099596	Cold Spring Group	District 05	Belchertown	5/29/75
000487183	Come As You Are Group	District 06	Westfield	7/6/23
000099812	Common Solution Group	District 06	Enfield	2/1/99
000250350	Conscious Contact Group	District 06	Westfield	11/21/15
000100020	Conway Group	District 04	Conway	10/22/79
000100325	Courage To Change Step Group	District 05	Monson	1/1/95
000100794	Daily Reflections Group	District 02	Holyoke	2/16/93
000100830	Daily Reflections Meditation Group	District 04	Greenfield	4/27/12
000101503	Dignity and Grace Group	District 02	Easthampton	5/4/09
000101646	Do Or Die Group	District 05	East Longmeadow	2/1/05
000101946	Downtown Lunch Group	District 04	Northampton	5/24/85
000102688	East Longmeadow Group	District 05	East Longmeadow	6/17/90
000234150	East Mountain Group	District 06	Westfield	7/25/74
000102706	East Of The River Group	District 06	Enfield	5/7/00
000102743	East Springfield Group	District 01	Springfield	8/21/86
000102765	Easthampton Mens Disc Group	District 02	Easthampton	12/10/84
000498798	Easthampton Women's Group	District 02	Easthampton	1/11/23
000103057	Egremont Big Book Group	District 03	South Egremont	12/6/88
000103326	Enfield Group	District 06	Enfield	7/31/70
000103327	Enfield Womens Discussion Grp	District 06	Enfield	3/6/79
000103328	Enfield Young Peoples Group	District 06	Enfield	12/29/75
000103759	Eye Opener Step Group	District 05	Ludlow	3/9/74
000103922	Faith That Works Group	District 02	Westhampton	4/1/94
000089198	Feeding Hills Big Book Step Study Group	District 02	Agawam	9/29/04
000104838	Forest Park Group	District 01	Springfield	2/2/51
000105202	Free For Today Group	District 05	Hampden	12/29/94

000105917	Friday Night As Bill Sees It Group	District 04	Northampton	1/1/06
000105926	Friday Night Beginners Group	District 03	North Adams	1/1/80
000523778	Friday Night Daily Reflections Group	District 04	Northampton	1/1/24
000105901	Friday Night Group	District 02	Holyoke	10/24/90
000106248	Friday Night Step Group	District 06	Enfield	4/1/92
000442163	Goshen Saturday Morning Group	District 04	Goshen	6/1/22
000107898	Granville Group	District 06	Granville	10/17/82
000108040	Grateful Lenox Group	District 03	Lenox	5/18/93
000108269	Green Street Group	District 05	Monson	8/13/81
000108310	Greenfield New Life Study Grp	District 04	Greenfield	11/15/85
000024719	Grupo La Luz De Un Milagro	District 01	Springfield	1/1/01
000692144	Grupo Latinos de Holyoke	District 02	Holyoke	11/2/18
000028656	Grupo Un Mundo Mejor	District 01	Springfield	4/28/83
000028667	Grupo Un Nuevo Amanecer	District 01	Springfield	5/15/92
000108967	Hadley Womens Language Of The Heart Group	District 04	Hadley	12/3/07
000109067	Hampden Group	District 05	Hampden	10/22/71
000109094	Hand In Hand Group	District 02	West Springfield	3/27/76
000109102	Hand Of Hope Group	District 06	Enfield	8/4/80
000109117	Hang In There Group	District 01	Springfield	1/1/16
000109326	Happy Hour Group	District 04	Turners Falls	11/6/84
000109518	Happy Hour Serenity Group	District 03	Pittsfield	10/1/07
000109535	Happy Joyous & Free Group	District 03	Lee	4/1/94
000109839	Hazardville Sun Nite Group	District 06	Enfield	4/11/90
000110078	Here And Now Group	District 05	East Longmeadow	1/21/76
000110094	Here Because We're Not All There Group	District 04	Greenfield	4/27/83
000110556	Hilltowns Group	District 06	Huntington	3/7/80
000110711	Holyoke Group	District 02	Holyoke	3/25/46
000110713	Holyoke Noontime Group	District 02	Holyoke	3/17/76
000110714	Holyoke Sober Sunday Group	District 02	Holyoke	11/18/83
000069923	Hoosac Tunnel Group	District 03	North Adams	3/7/92
000110970	Hope On A Rope Step Group	District 06	Enfield	9/24/00
000101726	I Don't Have A Clue Group	District 03	Lee	10/4/95
000111577	In Focus Step Group	District 03	Cheshire	9/13/78
000111588	In Partnership Group	District 04	Northampton	9/2/93
000111832	Into Action Group	District 02	Easthampton	1/29/84
000112147	Its All In The Steps Group	District 06	Russell	8/16/91
000112162	Ivory Keys Serenity Group	District 03	Pittsfield	3/2/91
000112506	Joy Of Living Group	District 02	Feeding Hills	11/17/83
000004990	Keep It Simple Group	District 03	Great Barrington	3/21/90
000005194	Keep the Plug In the Jug Group	District 03	Pittsfield	11/13/96
000005662	Kitchen Table 12 Step Group	District 03	Lee	10/17/84
000007424	Lanesboro Candlelight Group	District 03	Lanesboro	12/30/91
000007425	Lanesboro Group	District 03	Lanesboro	7/7/75
000009138	Learn To Live Group	District 01	Springfield	7/3/95
000223996	Lee Park Place Group	District 03	Lee	1/3/19
000009309	Lee Young Peoples Group	District 03	Lee	2/17/76

000008213	Lenox Big Book Step Group	District 03	Lenox	1/1/87
000009567	Lenox Sunday Group	District 03	Lenox	11/8/72
000515075	Let's Bookend It Group	District 03	Stockbridge	9/1/22
000515245	Literature in Lee Group	District 03	Lee	3/3/24
000011796	Little Help Group	District 03	Williamstown	9/17/14
000013237	Living Sober Group	District 03	Pittsfield	12/1/84
000007212	Living Sober Group	District 06	Enfield	3/21/94
000014419	Longmeadow Group	District 05	Longmeadow	9/18/50
000014483	Look To This Day Group	District 03	Pittsfield	3/1/99
000014795	Lost And Found Group	District 05	Chicopee	2/6/81
000015403	Ludlow Group	District 05	Ludlow	10/16/70
000016821	Making Progress Group	District 04	Hadley	7/24/84
000019531	Men's Bring Your Own Big Book Group	District 01	Springfield	11/15/14
000019745	Men's Topic Discussion Group	District 06	Westfield	7/1/06
000020054	Mens 12th Step Group	District 03	Pittsfield	4/29/83
000020159	Mens Big Book Group	District 04	Greenfield	8/2/05
000021308	Mid-Morning Friday Group	District 01	Springfield	3/29/76
000023433	Miracles In The Making Group	District 05	Chicopee	9/14/13
000023604	Mixed Nuts Group	District 01	Springfield	6/15/87
000110715	Monday Discussion Group	District 02	Holyoke	3/17/76
000024154	Monday Mid Morning Group	District 05	East Longmeadow	9/14/94
000024290	Monday Night 12th Step Group	District 05	Wilbraham	4/30/71
000024489	Monday Night Discussion Group	District 06	Westfield	2/15/73
000024574	Monday Night Group	District 04	Greenfield	12/18/95
000024799	Monday Night Miracles Group	District 05	East Longmeadow	12/2/94
000026400	Morning After Group	District 04	Northampton	12/18/95
000026692	Morning Light Group	District 05	Chicopee	10/1/11
000027310	Mother Town Group	District 03	Adams	4/13/88
000028225	Mulberry St. Group	District 02	Agawam	6/16/87
000030908	New Beginnings Group	District 05	Ludlow	1/19/96
000031994	New Directions(Women's Meeting)Group	District 02	Agawam	1/1/07
000449885	New Perspectives Women's Group	District 04	Hadley	4/6/16
000036760	No Name Group	District 05	Ludlow	
000037514	Noon Beginners Group	District 04	Northampton	10/20/17
000039393	Northampton Big Book Step Study Group	District 02	Holyoke	9/21/08
000039406	Northampton Step Discuss Group	District 04	Northampton	4/9/75
000722496	Northampton Wednesday Night Group	District 04	Northampton	3/26/25
000039534	Northern Berkshire Group	District 03	Williamstown	10/30/68
000040242	Not Alone Group	District 01	Springfield	9/12/72
000040329	Not So Young Peoples Group	District 02	Agawam	12/7/89
000040387	Nothing Changes If Nothing Changes Group	District 05	Thorndike	3/1/08
000042289	Old Timers Group	District 05	Longmeadow	8/7/91
000042446	Oldtimers Group	District 04	Northfield	7/16/00
000526076	On Awakening Group	District 03	Great Barrington	1/8/24
000044034	Only Requirement Group	District 04	Greenfield	4/26/14
000044082	Only Today Group	District 02	Agawam	5/4/76

000044635	Open Hand Group	District 05	Granby	8/10/78
000045063	Original Greenfield Group	District 04	Greenfield	9/22/56
000119431	Palmer Group	District 05	Palmer	10/4/70
000046976	Park Allen Group	District 01	Springfield	3/4/67
000047027	Park Place Group	District 03	Lee	1/14/71
000058197	Path To Recovery Group	District 06	Westfield	6/14/15
000049633	Pioneer Valley Group	District 02	West Springfield	11/14/49
000472832	Pittsfield Big Book Group	District 03	Pittsfield	1/5/22
000716036	Plain Language Big Book Group	District 04	Northampton	3/2/25
000688737	Primary Purpose Group	District 06	Westfield	3/23/24
000051802	Primary Purpose Group	District 04	Amherst	2/24/04
000053993	Quietly Among Us Group	District 05	East Longmeadow	6/22/09
000054580	Randall Group	District 05	Longmeadow	3/24/58
000701280	Recovery with a Purpose Group	District 01	Springfield	2/20/25
000056579	Remember When Group	District 05	Chicopee	4/10/87
000060560	Safe Harbor Group	District 04	Northampton	8/16/17
000070216	Saturday Morning 10 a.m. AA Group	District 03	Pittsfield	5/1/91
000039410	Saturday Night Beginners Group	District 04	Northampton	1/29/58
000063749	Saturday Night Discussion Gp	District 04	Amherst	3/28/78
000064031	Saturday Night Live Group	District 04	South Deerfield	11/17/82
000064319	Saturday Night Reflections Group	District 04	Greenfield	8/6/04
000065587	Scrambled Eggs Group	District 02	Holyoke	3/1/98
000066850	Serenity & Peace Group	District 03	Pittsfield	5/27/92
000069418	Sheffield 12 Step Group	District 03	Sheffield	8/19/75
000069469	Shelburne Falls Big Book Study Grp	District 04	Shelburne Falls	8/17/77
000070436	Simple Saturday Morning Group	District 06	Southwick	5/18/93
000070476	Simple Step Group	District 03	Pittsfield	6/29/89
000070785	Singleness Of Purpose Group	District 05	Chicopee	1/5/96
000070999	Sisters In Recovery Group	District 05	Ware	1/2/06
000072432	Sober At Sunrise Group	District 03	Pittsfield	11/1/10
000072743	Sober Living Support Group	District 04	Colrain	11/3/15
000072814	Sober Now Group	District 03	Pittsfield	12/13/77
000072831	Sober On Saturday (S.O.S) Group	District 03	Lee	8/18/03
000073060	Sober Saturday Group	District 04	Greenfield	4/29/88
000389843	Sober Step Sisters Group	District 05	East Longmeadow	1/2/20
000073483	Sober Vets Group	District 01	Springfield	11/29/84
000073631	Sobriety & Beyond Step Group	District 03	South Egremont	12/6/88
000074866	Somers Group	District 06	Somers	9/12/77
000074911	Somersville Tue Night Step Grp	District 06	Somersville	9/22/92
000075491	South Deerfield Big Book Group	District 04	South Deerfield	1/1/86
000075557	South Hadley Big Book Disc Gp	District 05	South Hadley	2/1/94
000075562	South Hadley Group	District 05	South Hadley	4/15/67
000075569	South Hadley Sunday Night Women's Group	District 05	South Hadley	1/15/07
000493298	South Street Group	District 02	Holyoke	10/7/20
000075945	Southern Berkshire Group	District 03	Great Barrington	10/25/65
000076282	Southwick Noontime Group	District 06	Southwick	7/25/96

000446886	Southwick Sunday Big Book Group	District 06	Southwick	7/1/16
000076285	Southwicks Friday Nite Stp Gp	District 06	Southwick	1/14/91
000412000	Spontaneous Combustion Group	District 04	Amherst	5/1/17
000077482	Springfield Speakers Group	District 01	Springfield	9/1/09
000054010	Springfield Young Peoples Group	District 01	Springfield	3/6/69
000079348	Starting Over Noontime Group	District 01	Springfield	4/13/95
000079461	Stayin' Alive Group	District 01	Springfield	7/16/86
000080907	Stepping Stones Gay & Lesbian Gp	District 01	Springfield	1/1/75
000081427	Steps To Live Group	District 06	Westfield	3/27/79
000081539	Steps To Serenity Women's Group	District 02	Agawam	2/2/13
000081974	Stockbridge Happy Hour Group	District 03	Stockbridge	7/23/81
000081973	Stockbridge Tower Group	District 03	Stockbridge	9/6/77
000082830	Suffield Mens Discussion Grp	District 06	Suffield	2/14/75
000082834	Suffield Monday Beginner's Grapevine Group	District 06	Suffield	9/21/77
000083169	Sun Night Candlelight Disc Grp	District 04	Williamsburg	12/18/95
000711869	Sunday Discussion Meeting Group	District 02	Holyoke	9/1/22
000466018	Sunday Evening Reflections Group	District 03	East Otis	8/14/22
000083689	Sunday Morn 11th Step Group	District 03	Monterey	12/9/88
000084450	Sunday Night Group	District 03	North Adams	7/1/94
000084495	Sunday Night Life Group	District 04	Haydenville	12/8/81
000084677	Sunday Night Step Group	District 04	Amherst	7/5/88
000084950	Sunday Reflections Group	District 04	Amherst	2/2/06
000066267	Sunderland Security Group	District 04	Sunderland	9/5/74
000725429	Sunny Side Up Group	District 04	Amherst	10/2/21
000085525	Sunrise Group	District 05	Three Rivers	10/2/00
000086824	Tap Roots Group	District 04	Northfield	4/27/83
000087271	The 1st 164 Pages to Sobriety Group	District 02	Westhampton	6/1/09
000087460	The I Opener Group	District 04	Florence	1/9/90
000005393	The Promises Group	District 04	Turners Falls	4/30/91
000005422	The Red Barn Group	District 04	Buckland	12/12/83
000080039	The Step Group	District 02	Holyoke	10/1/82
000005661	The Worthington Group	District 02	Worthington	9/28/93
000005807	There Is A Solution Group	District 04	Greenfield	12/10/07
000006131	Think Group	District 06	Southwick	4/14/76
000007354	Thursday Night Big Book Group	District 04	Turners Falls	6/16/89
000007759	Thursday Night Mens Group	District 03	Great Barrington	7/2/88
000007991	Thursday Night Step Group	District 02	West Springfield	11/14/84
000008117	Thursday Night Womens Group	District 03	Great Barrington	11/16/93
000008303	Thursday Nite Men's Big Book Group	District 06	Enfield	10/1/08
000009207	To Thine Own Self Be True Group	District 04	Northampton	10/17/15
000009781	Top Of The Hill Group	District 02	Holyoke	7/7/11
000011047	Trials & Smiles Group	District 01	Springfield	1/14/00
000011873	TSDD Group	District 01	Springfield	5/3/16
000075563	Tues Night 12 & 12 Group	District 05	South Hadley	7/13/87
000012540	Tuesday 5:15 12 Step Group	District 04	Amherst	4/4/00
000012730	Tuesday Big Book Step Study Group	District 01	Springfield	10/16/14

000013304	Tuesday Morning Step Group	District 06	Enfield	4/15/92
000013784	Tuesday Night Group	District 03	North Adams	4/1/00
000425338	Tuesday Night Meeting Group	District 06	Westfield	1/1/48
000015037	Tuesday Womens Discussion Grp	District 02	Holyoke	6/17/88
000017364	Unity Group	District 03	Lenox	7/1/84
000017878	Up And Atom Group	District 04	Amherst	8/27/01
000017928	Up On the Hill Group	District 04	Leeds	9/1/08
000018642	Valley Discussion Group	District 04	Amherst	12/20/74
000018657	Valley Gay, Lesbian, Bisexual & Transgender Group	District 04	Northampton	4/27/84
000018739	Valley II Group	District 03	North Adams	7/3/90
000279891	Veteran's Group	District 02	Agawam	1/4/20
000410613	Virtual Sober at Sunrise (VSAS) Group	District 03	Pittsfield	3/1/22
000299429	Ware It's At Group	District 05	Ware	7/10/20
000021127	Ware Thursday Night Group	District 05	Ware	5/12/46
000021129	Ware Young Peoples Group	District 05	Ware	12/4/79
000021490	Watch Your Step Group	District 03	Housatonic	1/1/09
000022328	We Agnostics Group	District 03	Great Barrington	4/1/09
000091568	Wednesday Women's New Beginning Group	District 05	Wilbraham	9/18/02
000030120	Welcome Home Group	District 05	Palmer	12/8/86
000031322	West Stockbridge Group	District 03	West Stockbridge	1/28/87
000031647	Westfield Big Book Group	District 06	Westfield	2/18/92
000031673	Westfield Tuesday Night Group	District 06	Westfield	10/31/49
000032387	What A Way To Live Group	District 03	Dalton	2/8/94
000032641	When You Think You're Done Start With One Group	District 01	Springfield	6/1/02
000032691	Whip City Noontime Meeting Group	District 06	Westfield	3/12/14
000239827	Wilbraham Group	District 05	Wilbraham	5/6/55
000033375	Wilbraham Men's Group	District 05	Wilbraham	4/21/94
000033420	Wild Cats Group	District 02	Feeding Hills	1/29/18
000033560	Williamsburg Big Book Group	District 04	Williamsburg	5/11/87
000346698	Women's Fireside Group	District 01	Indian Orchard	7/29/20
000035729	Women's Health Group	District 04	Florence	10/14/17
000037865	Womens Big Book Step Study Group	District 04	Greenfield	6/10/10
000038244	Womens Fellowship Group	District 06	Westfield	3/25/11
000039188	Womens Sunday Serenity Group	District 04	Conway	11/20/95
000041046	You Gotta Wanna Group	District 02	Agawam	9/15/14
000041417	Young At Heart Group	District 03	Dalton	12/16/70
000042068	Young Peoples Group	District 03	North Adams	5/5/78