

**District 5 Meeting  
May 2023 Minutes  
5/1/2023**

**Opening**

The regular meeting of District 5 was called to order at 7:00pm by Kate, our DCM.

**Groups Present**

Sonny – Wilbraham Men’s Group  
Tim – Hampden Tuesday Night Group  
Carl – Eye Opener Group  
Juan - East Longmeadow Sunday Night  
Ian - Belchertown Cold Spring Group  
Amanda - Do or Die  
Sharla - Wilbraham Friday Night  
Lara - Wake UP Call Group  
Alex – South Hadley Friday Night  
Corrina – Tuesday Night Step

**Visitor**

Mike B., Delegate

Lara read *What It Means to be a GSR* from the AA Service Manual.

**Group Sharing**

Sharla, GSR – *Wilbraham Group*

*Noreen, Alt*

- Day/Time of Meeting: 6:30pm-7:15pm and then 7:30pm-8:30pm
- Address: 10 Chapel Wilbraham, MA Grace Union
- Financial Contributions: \$900.00
- Service Positions Filled: All but Archives
- Commitments
  - Incoming/Outgoing: Joy of Living
  - Institutions: Carlson
- No Concerns
- Celebrated 68<sup>th</sup> Anniversary on May 12<sup>th</sup>

Carl, GSR –Eye Opener Friday Night

- Day/Time of Meeting: Friday @ 7:00pm
- Address: 51 Center St Ludlow
- Financial Contributions: No
- Service Positions Filled: GSR, Accessibilities, Intergroup Booky
- Commitments
  - Incoming/Outgoing: Sober Sunday
  - Institutions:
- Looking for new church our church is for sale.

Juan, GSR – *East Longmeadow Group*

Jean Claude, Alt GSR

- Day/Time of Meeting: 6:30pm-7:30pm
- Address: 1 Porter Road East Longmeadow, MA 01028
- Financial Contributions: We contribute to the pie every month
- Service Positions Filled: GSR, Accessibilities
- Commitments
  - Incoming/Outgoing: West Springfield Step
  - Institutions:
- No issues or concerns at this moment

Ian, GSR - *Belchertown Cold Spring Group*

- Day/Time of Meeting: 7:30pm-8:30pm
- Address: 18 Park Street Belchertown, MA 01007
- Financial Contributions: Yes
- Service Positions Filled: Yes
- Commitments
  - Incoming/Outgoing: After Work Group
  - Institutions:
- No Concerns

Amanda, GSR - *Do or Die*

Taylor, Alt GSR

- Day/Time of Meeting: Wednesday 7pm
- Address: St. Andrews Church, Longmeadow MA

- Financial Contributions: Contribute Quarterly
- Service Positions Filled: Yes
- Commitments
  - Incoming/Outgoing: Singleness of Purpose
  - Institutions: N/A, working on it
- Working to get back to old church in East Longmeadow
- Voted to celebrate our group's anniversary on 6/21/2023. Food at 6pm, meeting at 7pm

Corrina, GSR – Tuesday Night Jericho

- Day/Time of Meeting: 7:30pm-8:30pm
- Address: 18 Park Street Belchertown, MA 01007
- Financial Contributions: Yes
- Service Positions Filled: Yes
- Commitments
  - Incoming/Outgoing:
  - Institutions:
- No Concerns

Lara, GSR - *Wake UP Call Group*

- Day/Time of Meeting: 10 Meetings a wk 7 morning 3 nights
- Address: Virtual
- Financial Contributions: Donate to Pie
- Service Positions Filled: Some open
- Commitments
  - Incoming/Outgoing:
  - Institutions:
- Good Attendance
- Problems with filling Host and Co-Host positions
- Mail Big Book to new members

Sonny, GSR – *Wilbraham Men's Group*

Harvey, Alt GSR

- Day/Time of Meeting: 7pm-8pm
- Address: Wilbraham, MA
- Financial Contributions: Per Pie Chart
- Service Positions Filled: Most of Them

- Commitments
  - Incoming/Outgoing:
  - Institutions: Mill St. Last Tuesday Outgoing
- Meeting continues to grow along with business meetings
- Also, concern about having tables placed in circle verses rows to hear better! Resolved @ this time! Seems to work everyone helping with new set up and take down.

Tim, GSR – *Hampden Step Group*

- Day/Time of Meeting: 6:00pm-7:00pm 7:00pm-8:00pm 2 Speaker
- Address: Federation Community Church, 590 Main Street, Hampden, MA
- Financial Contributions: Treasurer will be sending to General and Area31
- Service Positions Not Filled: CPC, PI Rep, Intergroup Rep
- Commitments
  - Incoming/Outgoing: Sunrise Group (Three Rivers)
  - Institutions: Stoney Brook at the Hampden County House of Corrections (section 35) every other Wednesday
- No issues or concerns at this moment

**Old Business**

- How are people doing with visiting groups that do not have a GSR?
  - Laura and Kate will start visiting local meetings.
- Anyone have any papers to turn in for Accessibilities? Complete the Survey?
- DCM report on the Area Committee/Spring Assembly
  - No meeting this month

**Visitor Reports**

Mike B., Delegate

- RoundUp is 5/19-5/21.
- Round Up looking for donations- Materials damaged, (water) Need books and money
- Delegate report @ 1:00 pm Saturday May 20<sup>th</sup> during Round Up, (Suggested GSRs attend)
- Delegate report will be recorded and available to Archives

- NERF – June 2-4 Burlington, MA
- Concepts Meetings – Suggested to attend and experience it
- District Tradition meeting 2<sup>nd</sup> Sunday Virtual (All are welcome)
- Berkshire Intergroup bus trip to GSO June 30<sup>th</sup>
- 10<sup>th</sup> June AA Birthday – Grapevine having story writing workshop @ 53 Alderman 12-4 . Write your story and share it.

All this information is available on **area31aa.org**

### **New Business**

- Annual Picnic in August
- RoundUp registration is open, \$25.00. 5/19-5/21 Clarion Hotel \$129/night
- RoundUp Committee has asked that we cohost a panel with District 2 titled “Give It Away To Keep It”. Lara to chair
- As attendance here is required of all GSRs; Kate, DCM looks forward to a lot of support at this event.
- Saturday afternoon is also when Mike the Delegate gives his report on what happened at the conference.

### **This Month Readings**

- Sonny Tradition 5 – Keeps us caring the message. Helps us stay sober while we carry the message. Sober and alive. Sonny’s own experience is this is our gift from God. We carry it to other alcoholics so they may experience this wonderful gift.
- Kate – Reads and explains Chapter 9 of the AA Service Manual

### **Readings**

#### **Next month’s readings and discussion**

Carl will read and report on Tradition 6

Alex will read and report on Concept 6

Next month’s meeting will be Monday, June 5<sup>th</sup> @ 7:00pm in person at 30 Carew St., South Hadley, and on Zoom. Login info at [area31aa.org](http://area31aa.org).

Responsibility Pledge.

**Meeting adjourned at 8:20 pm.**

**Contact Information**

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Lara A Co DCM [redacted]

Tony D Secretary [redacted]