District 4: Area 31 AA GSR Meeting Date:

Attending: Adam (CDM), Ben, Bonnie S, Cleo, Dan B (Co-CDM), Donna, Doug, Liam, Nancy P, Steve M (Area 31), Terri S,

Reports:

<u>Ben - Sunday Night Life Group</u> in Haydenville 7:30 PM. All positions are filled. How It Works will still be read at their meetings.

<u>Donna C - Florence I Opener</u> 7:00 AM for 7 days a week. This is two separate meetings with 60 people who attend the on-line meeting and 20 people who attend the in-person meeting. Last week they did a group inventory using the pamphlet The AA Group and under the direction of Paul H. They were able to identify issues that would be addressed in business meetings over the next year.

They do 2 commitments each week: Bridge House and Women's Correctional Center in Chicopee. They are helping the women at the correctional center to form their own AA group.

<u>Liam - Making Progress</u> in Hadley 7:30 PM. A hybrid meeting. Attendance is strong and need support with membership.

<u>Terri S - Saturday Beginner's Meeting</u> in Northampton 7:00 PM. Attendance is steady at 40-50 people. Not all of the service positions are filled. She enjoyed seeing that 5-6 newcomers received chips last week

<u>Nancy P - Shelburne Falls Big Book</u> study group. There are two meetings one virtual and the other in-person. She is working on a pamphlet for newcomers to substitute for the Where and When pamphlet. The pamphlet will include basic information about AA, some places for people, and a section for notes.

Donna is interested in receiving a copy of the finished pamphlet.

<u>Bonnie - New Perspectives Women's Meeting</u> in Hadley on Wednesday 6:30-7:30 PM is a hybrid group. Attendance has recently dropped possibly because it is summer and the group expects it will increase in the fall.

<u>Cleo - Valley LGBTQ Group</u> in Northampton 7:30 PM Friday. The meeting is hybrid with the in-person meeting at St. John's 48 Elm Street. They do a commitment at GRIT, a queer sober house, in Holyoke. Attendance at the meeting is good although they could use more people to do service.

Tradition 6: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Bonnie shared the Traditions of AA are the way in which AA has survived as an organization and tradition 6 speaks to the boundaries of AA. As one person said the traditions are the guardrails as we trudge the road of happy destiny. Most alcoholics are sure they know how to run the world and are willing to tell others how to do it, so it is no wonder that initially people in the organization thought they had the solution for alcoholism, drug addiction, courts and laws, and the medical profession. Tradition 6 helps AA to keep its mind on offering hope and a solution to the alcoholic who still suffers.

Tradition 7 will be done by Ben.

Announcements:

*Area 31 website has been updated with group ID numbers.

- *The delegate's report is available as a recording.
- *The Accessibility Committee now has 5 commitments a month and 13 members.
- *Archives Committee will hold a Listening Party 7-9 PM on July 29th at 30 Carew Street.
- Round Up was successful with 201 attendees. District 4 chaired the Home Group Celebration.
- *****Bus trip to NYC on June 30th was cancelled.
- MA State Convention Planning Committee will meet 4th Tuesday in July (July 25) at 7 PM. Car pool leaves the bowling alley in Chicopee at 6:15 PM sharp.
- District 2 will be giving a workshop on 8/25/23 from 5 PM 9 PM entitled Celebration for Service Work at 745 Main Street Agawam. There will be food served.
- *District 4 has a workshop on 8/12/23 at the Holy Family Church in Deerfield entitled Balancing Your Triangle.
- There will be an Intergroup picnic for families at Moose Family Center, Fuller Road, Chicopee on 8/20/2023.
- *Agawam is hosting a golf tournament, the cost is \$45. More information is available on Area 31 website.
- *MA State Convention will be held November 10 12 at the Sturbridge Host Hotel. A block of rooms have been reserved at \$129. Attendees are asked to call the hotel directly to reserve a room.
- *What a Concept has a hybrid meeting July 6th on Concept 7.
- *Everyone is welcome at the Area Meeting on 7/12/23 which is a hybrid meeting. Anyone can participate in the meeting.
- *Grapevine Committee is holding a writing workshop in September, no date yet.

Old Business:

- The workshop, Balancing Your Triangle: Service, Unity, and Recovery will be held at The Holy Family Church in South Deerfield, 29 Sugarloaf Street.
- The date is August 12th from 10:00 AM 2:00 PM. The workshop will go from 10:30 AM - 1:30 PM allowing for 30 minutes to set up ahead of time and to clean up at the end of the workshop.
- Three speakers have been confirmed for the workshop: Mike, Tamara, and Carl. Each person will be speaking on how they balance their triangle.

10:30 - 11:30 Speakers

11:30 - 12:30 Discussion

12:30 - 1:30 Food and Fellowship

- The group discussed providing food options besides pizza that included gluten-free, vegetarian, and low carb. The food budget is \$100. Adam offered to bring water, Nancy said she would bring a salad, and Nancy P will bring some plates and forks. Terri S will bring 45 plates and paper towels. Bonnie will bring napkins, coffee, sugar, sugar substitute. Ben will ask to see if we can use the Friday night meeting coffee pot. Someone will check to see if Hillside offers a gluten free pizza and a vegetarian pizza.
- Dan reached out to Joy about advertising for the workshop and she said to email the information to her office and she will send out a PDF file that will then be distributed to GSRs by Adam. Dan will make sure that printed copies are available at the district office.

New Business:

No new business.

Closed with Responsibility Pledge: I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Next Meeting: Tuesday, July, 18th 2023, at 7:00pm on Zoom