
Attending: Adam D (CDM), Bonnie S, Dan B, Dan L, Dana, Donna, Jo-An, John G, Liam, Nancy P, Terri S, Todd C

Reports:

Terri S - Saturday Beginner's Meeting in Northampton 7:00 PM. Main positions are filled: GSR, chair, secretary, treasurer, and accessibilities. About 50-60 people at the meetings. Business meeting attendance is 10-14 people.

Jo-An Sunderland Security Tuesday 7-8 PM reported good attendance. The group had 2 commitments this month. They have developed a welcome packet for new people.

Donna C - Florence I Opener 7:00 AM for 7 days a week. This is two separate meetings with 60 people who attend the on-line meeting and 20 people who attend the in-person meeting. They do 2 commitments each week: Bridge House and Women's Correctional Center in Chicopee. They have filled all 10 service positions at their meeting. The meeting is looking to do a group inventory.

Todd C - Better Safe Than Sorry - 6:00 -7:00 PM every night on-line. Each meeting has a different theme. Attendance is good and they are attracting newcomers as well as having a variety of years of sobriety. At the last business meeting they had difficulty filling the chairs for all the meetings, however people have stepped up.

Dan L - Sunday Night Life Group in Haydenville 7:30 PM. The group does 2 commitments each month and 10-15 people go to each commitment. All their positions have been filled.

Liam - Making Progress 7:30-8:30 Hadley hybrid meeting. This is a 2 speaker meeting. They could use some support with membership.

Nancy P - Shelburne Falls Big Book study group. There are two meetings one virtual and the other in-person. Each group gets about 10-15 people.

Dana - Conway Group meets at 7:00 PM on-line. This is a virtual only meeting. Dana is the new GSR from the group.

Bonnie - New Perspectives Women's Meeting in Hadley on Wednesday 6:30-7:30 PM is hybrid group. Attendance varies as we get many newcomers, so right now attendance is lower.

Tradition 4:

Todd C shared on how each group being autonomous helped him get sober because not every meeting appealed to him. He experienced a variety of meetings while doing 90 in 90 and found meetings that were helpful.

Announcements:

- * Mini-conference notes have been sent out.
 - * NERF (New England Regional Forum) is June 4. Additional information is available on Area 31 website.
 - * Round-Up Home Group Celebration will be host by Districts 3 and 4. It will be in-person only.
 - * At the Round-Up our delegate will report on the GSO Conference. The delegate can also come to groups to report or send the report to groups.
 - * Planning committee for the Round-Up is the 2nd Wednesday of the month at 6:00 PM and all are welcome to attend.
 - * The Area 31 Handbook and Guidelines is available at the Area 31 website under Documents.
 - * GSR Change form is available on the Area 31 website.
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Old Business:

Workshop on Balancing Your Triangle was discussed. The group decided to offer a 3-hour workshop. Speakers will talk about how they balance Recovery-Unity-Service for 10 minutes and that will be followed by a discussion. The workshop will be founded in the AA literature.

The workshop will be planned for August and Adam will see if the Holy Family Church in South Deerfield is available and what hours it would be available. All GSRs are encouraged to identify possible speakers and submit their names for the May District 4 meeting. A flyer will be produced by InterGrow.

New Business:

No new business was discussed.

A motion was made to adjourn the meeting and seconded.

The meeting ended with the Responsibility Prayer.

Balancing Your Triangle: Recovery, Unity, Service Workshop

AA's First Legacy is Recovery which is embodied in the Big Book, in the Steps, and in person-to-person Twelfth Step Work.

AA's Second Legacy is Unity. This Bill realized when he said, "We can do together what I cannot do alone" - it was vital that AAs stay together. To ensure AA Unity, Bill has written the Twelve Traditions.

AAs Third Legacy is Service. The General Service Conference in the means by which the Fellowship is autonomous, operating through the instrument of a truly democratic, *representational*, elected form of self-government.

As defined by Bill, ". . . an AA service is anything whatever that helps us to reach a fellow sufferer - ranging all the way from the Twelfth Step itself to a phone call and a cup of coffee, and to AA's General Service Office for national and international action.

above from ***Pass It On***, p. 347