

District 4 GSR Meeting Minutes
Tuesday, April 19, 2022

Welcome New GSRs:

- Will from the Only Requirement Group, Greenfield
- Andrew from the Spontaneous Combustion Men's Meeting Weds Night in Amherst

Moment of Silence followed by Serenity Prayer

Group Check-Ins

David (Making Progress Group in Hadley) - More people showing up in person. Group is currently hybrid. Presently, working on shifting hybrid from one group member's house to the church. Group does not think this will shift the Zoom log in. Attendance numbers are steady.

Todd (Better Safe Than Sorry) - Group meets seven days a week on Zoom from 6-7pm with different format daily. Attendance is good (~25-30 per night average with about 100 different people weekly). Group had an issue on Saturday; they are not sure if they were hacked, but they had to change their password.

Terri (Sat Night Beginners Group) - Meets Saturdays from 7-8pm in Northampton. Attendance has been great. The room was filled to capacity with numbers close to 80 people. The meeting begins sharing from least amount of sobriety to a year or more of sobriety. This past month has had multiple nights of all beginner shares (under a year) about early sobriety.

Donna (Florence "I" Opener) - Meeting meets daily both on Zoom and in person (not hybrid). 70-80 attendees daily on Zoom and the in person portion of the meeting has gained momentum and has 15-20 people in attendance.

Dan (Haydenville Sunday Night Life) - Attendance is lower this month due to perhaps holidays. Group switched having anniversaries at the end of the month which is a little rocky, but we will get there!

Andrew (Spontaneous Combustion Men's Meeting) - Group went to Zoom during Zoom and thrived for a couple of years. Group has gotten a recent rental agreement with the pastor of the church and registered. Attendance is mostly 10 or more. Group is looking forward to starting to function like a real group, have an election, and some positions to get newcomers in to make coffee, etc. Group is transitioning from "not existing" to being a functioning group with a number.

Arthur (Valley LGBTQ+ Meeting Northampton Fri Night) - Group is running in a hybrid format. The church had required masking and the group was following the church's rules. The church has changed its rules to being much more confusing, so the group decided to continue to do masking to make things more consistent with group. With the combination of paying rent and holding a Zoom account is stretching the group's budget so they are trying to navigate how to get people back into the habit of donating.

Will (The Only Requirement Group - Sundays 6pm at the Grapevine) - Attendance isn't very strong. Group celebrated its 8th Anniversary last month; they went back to the old tradition of a potluck. Group is seeing 50-60s people every Sunday night. Group is finding more and more commitments as groups are back in person and looking to get back in touch with some institutions to do a weekly commitment there (i.e. Northern Hope).

Todd Tradition 4 Presentation

March 2022 Area Meeting & Spring Assembly Mini-Conference Recap

Invited Guests:

John, Area 31 Chair

- Round-up probably still needs help! The committee meets the 2nd Wednesday on Zoom at 6pm. Due to the pandemic, this is the first in person round-up in three years and need people to physically help out. You may contact Yolanda at the round-up email on Area 31 website.

Kim, Accessabilities Committee

- Trying to help anyone who has the inability to get to a meeting because of physical disability, financial difficulties/lack of resources (i.e. car, internet, etc.).
- Accessabilities committee is seeking members! They are also seeking help at the MA State Convention. Please email accessabilities@area31aa.org *There are only four of us. Please ask your groups to send an accessabilities rep!*

Old Business:

- GSRs attend meetings in District 4: Reflection
 - Send 2-3 people to a meeting together, which may be more enticing to a group
 - Will communicate via email for attending meetings now until March 2022 District 4 meeting
- GSR Presentation: Steve would be willing to come and present
 - Reach out to other groups who don't have GSRs and they could attend a District 4 meeting with the GSR presentation
 - Donna makes a motion that Steve presents his presentation at the District 4 meeting; 2nded; passed.
- Workshop ideas for 2022
 - District 4 Thanksgiving Alcahthon

New Business:

- David E to present on Tradition 5 at May's District 4 Meeting
- Western Mass 53rd Annual Round-Up
 - District 4 is assigned a workshop on Steps 10, 11, & 12
 - Saturday, 5/21/22, from 3:00 - 3:55pm
 - Chairperson for workshop - Terri
- GSRs attend meetings with multiple people which are not represented in our District
 - Adam attending 7am Grapevine meeting in Greenfield
 - Terri attending Friday Night Grapevine meeting in Greenfield
 - Leah attend Women's Meeting on Weds Night in Hadley

Terri motions to close the meeting at 8:04pm, seconded by David E.

Close with Responsibility Pledge: I am responsible... When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.

Next Meeting: Tuesday, May 17, 2022, at 7:00pm on Zoom