District 4 GSR Meeting

Tuesday, September 21, 2021

Meeting Minutes taken by Leah D

Welcome GSRs at 7:03pm

Open the meeting with a Moment of Silence followed by the Serenity Prayer.

Welcome, Katherine G from Women's Health in Florence on Saturday's from 12-1pm,

Joseph from Sunday Night Northampton Big Book Step Study Meeting

& Doug A from the 11th Step Meditation Meeting Thursdays at 6pm in Florence.

Group Check in

- Susan (Conway Monday Night 7-8pm via Conference Call): Group will continue in this format; they have seen an increase in attendance as other meetings are returning in person and some are not comfortable being in person.
- Laura (Amherst Monday Night Beginners Group): Group has made the decision to stay on Zoom for the time being as there was not a group consensus on wearing masks. 30-45 people are in attendance per week though some regulars are not showing up recently.
- Katherine G (Women's Health Meeting Saturday 12-1pm in Florence): Group may decide to go back to Zoom.
- Suzanne & Jared (Florence "I" Opener daily at 7am): Meetings daily on Zoom as well as in person. They are running two separate meetings that are not connected. The numbers in person have been decreasing and are now meeting outside with 12-15 daily. The Zoom meeting is between 60-70 people going strong. Group had their annual picnic outdoors this past Saturday (9/18/21) which was glorious. Group has regular Sunday walks at 11am at Look Park. They also have a kayaking group for fellowship.
- Linda (Sunderland Security): Group will be going back live on Tuesday, October 5, 2021. There is no WiFi so they will not be doing a Hybrid format.
- Adam & Todd (Better Safe Than Sorry): Good attendance with about 30 people per day. The Zoom is definitely working as there is a second wave of members celebrating One Year Anniversaries!

- Joseph (Sunday Night Northampton Big Book Step Study): In person meetings on July 1st.
 Attendance was extremely low at first (Zoom was very well-attended), but now it is growing and they are getting some newcomers.
- Arthur (Friday Night LGBTQ in Northampton): Group is meeting back in person as of this
 month (September) with masks mandatory by church and City of Northampton. Currently not
 doing any food or coffee due to restrictions.
- Tania (Hadley Women's Language of the Heart): Group meets Wednesday evenings in a hybrid format at 7:00pm. Face to face meetings resumed June 1, 2021. Masks are required at physical location. Meeting also has a concurrent Zoom.
- David E (Making Progress Group): Things are going well in their hybrid meeting.
- Doug A (11th Step Meditation Meeting): Group meets on Thursdays at 6pm weekly in person in Florence. Group going well.

Area Meeting Recap

The Fall Assembly will be held at the Brimfield Hitchcock Academy on Saturday October 16th from 10 am to 4 pm and on Sunday October 17th from 1 pm to 5 pm. There will be multiple workshops on five different concepts during the day and a pizza lunch will be held from 12 pm to 1pm. The business meeting and area elections will be held on Sunday. All GSRs have a vote at the business meeting on Sunday!

For other news, events & workshops happening in Area 31, please visit https://www.area31.org

Hear from our Invited Guests:

Mike B A31 P70 Alt Delegate - MA State Convention is meeting next Tuesday, 9/28/21. The schedule is just about set. They will have a game of Jeopardy, homegroup celebration, speaker at 7pm, hospitality room, and separate channel with steps going on. They are working on having Spanish and ASL translators for accessibility services.

David E shared on Tradition 9 "A.A., as such, ought never be organized; but we may create service boards or committees di- rectly responsible to those they serve."

Old Business:

Format for District 4 Workshop

Date: Saturday, December 4, 2021, 11am-12:30pm on Zoom.

Title: Ways to Carry the Message in the Online Era

Ways to Carry the Message in the Online. Hybrid. Live

in the Extended Pandemic

Today

Three speakers to share on one topic:

Reaching out to people who have left the rooms (Laura P finding speaker)

How can we be of service and connect outside of service committees?

What are ways that we as AA members can assist the non-virtual members?

Format: Speakers speak on one topic for fifteen minutes then Q&A

• Speaker seekers: Laura P, maybe David E, TBD

Chairperson: TBD

Co-Host: TBD

• Flyer: TBD

No New Business

Adam D to share on Tradition 10

Close with Responsibility Pledge at 8:25pm