

5/2/16

Area 31 District 5 GSR Meeting April Minutes  
NEXT MEETING JUNE 6TH AT 7:30 PM.

\* A motion was brought to the attention of the group to review the Tradition and Concept reflecting the number of the month. The motion was approved, so from now on the Tradition and Concept will coincide with the number of the month.

Jerry Co-DCM called the meeting to order at 7 pm. Opened the meeting with a moment of silence and the serenity prayer.

Angie read the role of the GSR.

\* District 5 had an informational session at today's GSR Meeting for anyone who was interested in finding out more information about service work and being a GSR. Pizza, refreshments and cookies were provided. It was a great turn out and we hope everyone who came learned a little more about Service Work and want to be part of.

\* Present at the meeting were 12 GSRs and 12 guests.

\* New GSRs to meeting were Patty from the Chicopee Group and Debbie from the Chapter 2 Group in Ludlow.

\* Sue: Area Chair, Mark: Delegate and Mike: Alternate Delegate were present at the meeting.

\* All GSRs were asked to bring with them to every District Meeting the Tradition and Concept Checklist. GSRs were also asked to review with their home group at their business meeting, the tradition and concept checklist reviewed at the District Meeting.

\* Jerry reviewed and started discussion on Concept 5 (right of appeal) and Tradition 5 (Primary Purpose).

Sue Area Chair reviewed with the group:

\* Date, times and locations of the CONCEPT MTGS 1st Thursday of every month & TRADITIONS MTGS 3rd Wednesdays of every month. Both meetings are held at 474 Pleasant Street in Holyoke at 7:30 pm.

\* She also discussed that there is an Area commitment, where members of the committees will come out and share a meeting. Discuss their experience, strength and hope and how service has strengthened their sobriety. If interested in having them come out to your meeting, send a message to the Area Chair, Sue, at [areachair@area31aa.org](mailto:areachair@area31aa.org)

Mike: Alternate Delegate discussed:

\* Western MA Round Up: May 20th to 22nd at the LaQuinta in Springfield. Starts Friday night, which is new this year. This new night will be put on by CPC (cooperation with the Professional Community) and they will be having an informational meeting with Professionals in the Community. Saturday will have meeting throughout the day and then the Delegate will provide his report from the GSO he just attended last month.

\* Mass State Convention: Area 31 will be co-hosting this convention with Area 30. It will be held in November and will be in Framingham, MA. Planning Meetings are held on the last Tuesday of the odd months. Next meeting is this month, May 31st. People who would like to participate in the planning meeting can meet others in the parking lot of the Plantation Inn at the entrance of the Mass Pike (Exit 6 Springfield). People who are interested can meet there for 5:45 pm on this day and will car pool to the Sheraton in Framingham. JERRY IS INTERESTED IN HAVING DISTRICT 5 PARTICIPATE IN THESE PLANNING MEETINGS, SO IF ANYONE IS INTERESTED MEET AT THE PLANTATION INN. OR IF YOU'RE JUST INTERESTED IN FINDING OUT WHAT GOES INTO THESE

## PLANNING MEETING AND PUTTING TOGETHER A STATE CONVENTION, COME AND LEARN....

Mark: Area Delegate discussed:

\* The three legacies of AA

1. Recovery: this is outlined in the 12 Steps.
2. Unity: Outlined in the 12 Traditions.
3. Service: Outlined in the AA Service Manual and 12 Concepts.

\* Discussed the importance of the GSRs, their role and how they link the groups to AA as a whole, GSO.

\* Mark asked us to bring back to the groups this question:

What do you think service is? And be prepared to share with the group your experience of service and attending meetings.

\*\*\* Mark expressed how much he is looking forward in sharing with everyone what he has experienced, learned and discussed at the GSO meeting in New York.

The group had a discussion about a District Inventory:

How can we make the District Meetings more exciting and enthusiastic. Some ideas were:

- \* more workshops
- \* more time for Q & As
- \* continue to have incoming committee members attend the District Meetings
- \* do something additional to the concepts and traditions; something fun (current events)
- \* contact other Districts to inquire what they do to make the meetings more exciting, enthusiastic.
- \* Attraction versus Promotion.
- \* bring alternate GSRs to the monthly meetings.
- \* Go to other District Workshops and others would attend our Workshops.
- \* having dialogue vs. monologue
- \* Coordinate with other Districts in establishing new upcoming workshops, held on other days than the District Meetings.
- \* is the location of the district meetings appropriate and convenient for all GSRs. New location?
- \* Have a District 5 GSRs meeting Shepard who call all District GSRs to remind them of the meetings.

THIS DISTRICT WILL BE HAVING MONTHLY QUESTIONS TO DISCUSS THE MEETINGS. GSRs will have the question for the following meeting to discuss first with their home group.

JUNE'S QUESTION: HAS THERE BEEN ENOUGH EFFORT MADE TO EXPLAIN TO ALL GROUPS THE VALUE, IMPORTANCE AND PURPOSE OF THE GSR OR OTHER SERVICE POSITIONS.

NEXT MEETING WILL BE JUNE 6TH AT 7:30 PM.  
KEITH VOLUNTEERED TO DISCUSS TRADITION 6.  
CHRIS VOLUNTEERED TO DISCUSS CONCEPT 6.

HIGHLY RECOMMEND ALL GSRS TO ATTEND THE ROUND UP ON MAY 20TH TO 22ND AT LA QUINTA IN SPRINGFIELD.

GROUP SHARING:

Cold Springs Group: GSR: Scott; no concerns GROUP ANNIVERSARY June 26th.

Belchertown Saturday Night Group: GSR: Renee, no concerns.

Keep It Simple: GSR: Enrique, no concerns.

Green Street, Monson: GSR: Andy, no concerns.

Morning Light: GSR: Chris, no concerns.

Here & Now: GSR: Tina, no concerns.

Do or Die Group: GSR: Keith, no concerns.

Chapter Two Group: GSR: Deborah, no concerns.

East Longmeadow Sunday Night: GSR: Karen, No concerns.

Ludlow Group: GSR: Ann Marie, GROUP ANNIVERSARY MAY 12th, no concerns.

Randall Group: GSR: Bob, no concerns.

Chicopee Tuesday Group: GSR: Patty, no concerns.